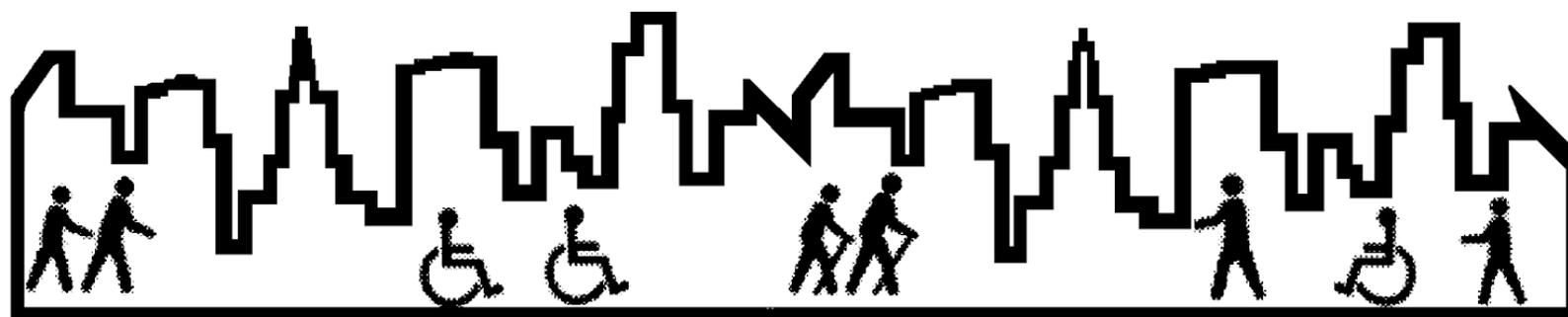


MANHATTAN FAMILY SUPPORT SERVICES DIRECTORY

For Individuals with Intellectual and Developmental Disabilities and Their Families
Who Reside in Manhattan



www.manhattanddcouncil.org

December 2016

Introduction

About This Directory

This directory lists services available to individuals with intellectual and developmental disabilities (IDD) and their family members who reside in Manhattan.

Developmental disabilities include: intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, and other neurological impairments.

Many of the services listed in this directory require an individual with IDD to have eligibility with the New York State Office for People with Developmental Disabilities (OPWDD). Additionally, some OPWDD family support funded services require that the individual with IDD reside in Manhattan with his/her family.

To apply for OPWDD eligibility and to access services call OPWDD's Front Door office in Manhattan at 646-766-3220.

This directory includes services funded by OPWDD and by other entities. Please contact programs directly to inquire about their eligibility requirements.

About the Manhattan Family Support Services Advisory Council

The Manhattan Family Support Services Advisory Council is an advisory committee to the New York State OPWDD and its Manhattan office. The Council is made up of family members of individuals with developmental disabilities and individuals with developmental disabilities from all neighborhoods in Manhattan. The Council meets regularly to learn what families need and to advocate to get those needs met. Come share your concerns and learn about services that can help your family. Join with other family members and self-advocates to build a better life for people with developmental disabilities and their families. For information, please contact Margaret Puddington at 212-799-2042 or Margaret.puddington@gmail.com.

Cover design by Kathleen Mckeon.

About the Manhattan Developmental Disabilities Council

The Manhattan Developmental Disabilities Council collaborates with the New York State OPWDD, as well as the New York City DOHMH, on many issues. This Council is made up of service providers, government representatives, families of people with developmental disabilities, and individuals with developmental disabilities. The Council sponsors monthly meetings that offer families of people with developmental disabilities an excellent opportunity to join with others in advocating for whatever is needed. Please join us. For information and a meeting schedule, call Margaret Puddington at 212-799-2042 or go to www.manhattanddcouncil.org or like us on Facebook at www.facebook.com/ManhattanDDCouncil.

About the Manhattan Family Support Committee

The Manhattan Family Support Committee is a sub-committee of the Manhattan Developmental Disabilities Council. The Committee meets monthly to share resources, network, and learn about programs and services that may benefit persons with developmental disabilities and their families. The Committee also assists the Manhattan Developmental Disabilities Council in identifying needs and priorities for this population. This Committee is responsible for the Manhattan Family and Professional Resource Fair and this Directory. Professionals, family members, advocates, and individuals with disabilities are welcome. Please call or email Yesenia Estrella at 212-643-2840 x 349, yestrella@sinergiany.org or Wendy De Leon at 917-965-2950 x 109, wdeleon@ucpnyc.org for more information on the Committee.

Inclusion in this Directory does not constitute an endorsement of any program.

To download a digital copy of this Directory, visit www.manhattanddcouncil.org

Agencies not included in this Directory that would like to list their programs should contact Yesenia Estrella at 212-643-2840 x 349, yestrella@sinergiany.org, or Wendy De Leon at 917-965-2950 x109, wdeleon@ucpnyc.org.

Acronym Dictionary

1. ACS: New York City Administration for Children's Services
2. ASD: Autism spectrum disorder
3. B2H: Bridges 2 Health Medicaid Waiver
4. CMS: Center for Medicare and Medicaid Services
5. DD: Developmental Disability
6. DDRO: Developmental Disabilities Regional Office
7. DOHMH: New York City Department of Health and Mental Hygiene
8. HCBS Waiver: Home and Community Based Services Waiver
9. HRA: New York City Human Resources Administration
10. ID: Intellectual Disability
11. IDD: Intellectual or Developmental Disability
12. ISP: Individualized Service Plan
13. LD: Learning Disability
14. MSC: Medicaid Service Coordinator
15. Non-MSC: Non-Medicaid Service Coordinator
16. OCFS: Office of Children and Family Services
17. OPWDD: Office for People with Developmental Disabilities

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Important Manhattan Resources

General Resources:

ACCES-VR, formerly Vocational & Educational Services for Individuals with Disabilities (VESID): 212-630-2300 or 212-961-4420 for Harlem or www.acces.nysed.gov/vr/manhattan-district-office

Adult Protective Services (APS): 212-630-1853

New York City government programs, services & benefits: 311 or www1.nyc.gov/311/index.page

New York Immigration Hotline: 212-419-3737

New York State Commission for the Blind & Visually Handicapped: 212-825-5710

Verizon Center for Customers with Disabilities: 800-974-6006 or www.Verizon.com/disabilities

Benefits:

New York Medicaid Choice: 800-505-5678 or www.nymedicaidchoice.com

Medicare Prescription Drug Coverage (Medicare Part D): Toll free 800Medicare or www.medicare.gov

Emergency Food Line: 866-888-8777 or www.foodhelp.nyc

NYS Office for People with Developmental Disabilities (OPWDD):

Manhattan OPWDD Front Door: 646-766-3220 or www.opwdd.ny.gov

NYC Department of Health and Mental Hygiene:

311 or www1.nyc.gov/site/doh/health/health-topics/developmental-disabilities-page

Early Childhood Resources:

Child Care Information and Referral: Center for Children's Initiatives: 212-929-6911 or www.centerforchildrensinitiatives.org

NYC Department of Education (DOE):

www.schools.nyc.gov/Academics/SpecialEducation/default.htm

CSE 9 (Districts 1,2,4): 917-339-1600

CSE 10 (Districts 3,5,6): 212-342-8300

CSE for Charter Schools (All Districts): 718-329-8001

English Language Learners: 212-374-6072

District 75: 212-802-1500 or email d75info@schools.nyc.gov

ADULT DAY SERVICES/EMPLOYMENT

For a comprehensive listing of Manhattan adult day services and employment programs, visit www.manhattanddcouncil.org, click on Menu, then click on Adult Day Services Directory.

Advocacy

Advocacy services help individuals with developmental disabilities and their families obtain the rights and privileges to which they are entitled.

Agency	Address	Contact	Population Served	Description of Program
Advocates for Children of New York	151 West 30th St. 5th Floor New York, NY 10001	T: 212-947-9779 or Helpline 866-427-6033 Mon.-Thurs. 10AM-4PM W: www.advocatesforchildren.org and www.arisecoalition.org	NYC students, birth– 26	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals. Offers free workshops in the community for parents and professionals. Language line link for non-English speakers.
AHRC New York City	83 Maiden Lane, 5th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with DD + their families	Help with guardianship, estate planning + other legal issues. No Fee.
AHRC New York City	83 Maiden Lane, 7th Floor New York, NY 10038	Advocacy Services Hotline T: 212-780-2799 W: www.ahrcnyc.org	Individuals with DD under age 21	Help for families attempting to get appropriate educational services through the DOE. New cases should contact Advocacy Services Hotline. Advocacy training available for groups of families and professionals on a variety of DD education related topics.
Catholic Charities Community Services, Archdiocese of NY	80 Maiden Lane 13th Floor New York, NY 10038	T: 212-419-3700 T: Immigration Hotline 800-566-7636 W: www.catholiccharitiesny.org	Individuals and families in need of assistance pertaining to immigration	Legal clinic for all immigrants every Thursday from 8:30-11AM.
Disability Rights New York	725 Broadway Suite 450 Albany, NY 12207 and 25 Chapel Street Suite 1005 Brooklyn, NY 11201	T: Timothy Clune, Executive Director 518-432-7861 T: 800-993-8982 TTY: 518-512-3448 E: mail@DRNY.org W: www.drny.org	Individuals with disabilities	NY State's Protection & Advocacy System. Provides services to individuals whose problems are directly related to their disabilities. Does not handle criminal or family matters. No fee. Spanish spoken.
Disabled and Alone Life Services for the Handicapped	1440 Broadway 23rd Floor New York, NY 10018	T: 212-532-6740 T: 800-995-0066 W: www.disabledandalone.org	Individuals with disabilities + their families	Supports families with future care planning, including special needs trusts and Life Services Personal Advocates.

Advocacy (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Early Childhood Direction Center (ECDC) at New York Presbyterian Hospital	409 E. 60th St. Suite 3-312 New York, NY 10022	Marilyn Rubinstein T: 212-746-6175 E: ecdc@nyp.org W: www.nyp.org/ecdc	Children, ages 0-5, with diagnosed or suspected DD	Advocacy information on educational, medical + financial benefits issues. Spanish spoken.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Katie Lorenzo T: 212-677-8550 x 21 W: www.efmny.org	Individuals with epilepsy + their families	Advocacy with health providers, service organizations, government agencies to obtain needed services. Day + evening hours. Fee: sliding scale from \$0 up. Spanish spoken.
Family Center	493 Nostrand Ave. Brooklyn, NY 11216	T: 718-230-1379 T: For Legal: John Riedl x167 T: Non-legal: Laura Maxfield x126 W: www.thefamilycenter.org	Individuals with DD and their families, including grandparents who are primary caregivers	Individual and family counseling; legal services; permanency planning; youth groups; medical case management
INCLUDEnyc	116 E. 16th St. 5th Floor New York, NY 10003	Resource line M-Th 9 am-3 pm T: Eng 212-677-4660 T: Span 212-677-4668 F: 212-254-4070 E: Info@INCLUDEnyc.org W: www.INCLUDEnyc.org	Individuals, birth to age 26, with any disability and their families.	Information and referral, educational advocacy, advocacy to access systems and services, training and support. "Summer Fun & More" Fair every January. Spanish spoken.
Legal Aid Society	199 Water St. 3rd Floor New York, NY 10038	T: 212-577-3300 W: www.legal-aid.org	New York City residents	Assistance with SSI/SSD, housing, education advocacy, domestic violence, foreclosure, disaster relief, immigration and family law. Several languages spoken.
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D New York, NY 10065	Susan Williams T: 212-570-6860 W: manhattanmothers@aol.com	Individuals with DD + their families	Advocacy, information + referral to services, parent-to-parent connections, help with educational transition + residential issues. Advocacy + meeting info by phone and e-mail for a fee: \$20, if affordable. Call between 9am and 5pm, except for emergencies.
Medicare Rights Center	266 West 37th St. 3rd Floor New York, NY 10018	T: 212-869-3850 or 800-333-4114 W: www.medicarerights.org	Seniors + individuals with DD eligible for Medicare	Advocacy assistance on Medicare + related issues. Spanish spoken.

Advocacy (cont'd)

Agency	Address	Contact	Population Served	Description of Program
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St. 11th Floor New York, NY 10001	Michelle Kraus or Paola Martinez Boone T: 212-244-4664 W: www.nylpi.org	Individuals with DD	Advice and legal assistance on discrimination on the basis of disability in areas such as special education, opportunity & access (e.g. housing, medical access, and community integration). Intake hours: Mon, Wed, and Fridays 10:00am-5:00pm
New York Legal Assistance Group (NYLAG)	7 Hanover Square 18th Fl. New York, NY 10004	T: For Social Security Benefits, Michelle Spadafore 212-613-5024 T: All other questions 212-613-5000 W: www.nylag.org	Individuals with DD who reside in New York City and have a low income	Free legal services organization with Disability Advocacy Project regarding social security issues. Also, housing, public benefits, family law, immigration advocacy. Several languages spoken.
New York State Justice Center for the Protection of People with Special Needs	161 Delaware Ave. Delmar, NY 12054	T: 800-624-4143 for info about the Justice Center. M-F 8:30am-4:30pm T: 855-373-2122 24/7 Vulnerable Persons Central Register Hotline TTY: 855-373-2123 W: www.justicecenter.ny.gov	Individuals with DD	Hotline to report an incident of abuse or neglect in a certified facility overseen by NYS OPWDD. Language interpreter services provided for non-English speakers.
NYC FAIR	c/o Rufer 201 East 17th St, 2G, NY, NY 10003	Elly Rufer E: nycfair@gmail.com W: www.nycfamilyadvocacyinformationresource.org	Families, Self-Advocates & Friends of Individuals with I/DD	Advocacy information & advocacy opportunities. A resource to make a difference for your family.
Safe Horizon	50 Court St. 8th Floor Brooklyn, NY 11201	Annabella Nattes T: 718-943-8632 W: www.safehorizon.org	Individuals + families in need of assistance pertaining to immigration	Counseling to immigrants on obtaining legal status. Do not accept people with detained status. Must call to make an appointment. Spanish spoken.
Self-Advocacy Association of New York State	25 Beaver St. 4th Floor, Room 417 New York, NY 10004	Evan Yankey T: 646-896-1938 C: 917-597-9382 W: www.sanys.org	Individuals with DD	Individuals with DD are assisted in joining or starting self-advocacy groups. Groups supported by advisors. Will arrange for translators for non- English speakers if advance notice is given. Offer trainings and presentations on sensitivity, sexuality and relationships for people with disabilities, self determination and circles of support to new staff, service coordinators, and self-advocates.

Advocacy (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Sinergia	Metropolitan Parent Center 2082 Lexington Ave. 4 th Floor New York, NY 10035	Godfrey Rivera T: 212-643-2840 x307 E: grivera@sinergiany.org W: www.sinergiany.org	Individuals with all disabilities + their families	Educational Advocacy and Legal Services. Parent Training & Information Center. Workshops, parent support groups, and individual educational advocacy. Wheelchair accessible. Spanish spoken.
Sinergia	2082 Lexington Ave. 4 th Floor New York, NY 10035	Cruzmary Javier T: 212-643-2840 x319 E: cjavier@sinergiany.org W: www.sinergiany.org	Individuals with DD, ages 3-22	Intensive Educational Advocacy. Spanish spoken. Free.
Yachad -The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Batya Jacob T: 212-613-8127 W: www.njcd.org	Individuals with DD and their families	Advocacy, information and referral, special case management. Educational advocacy, including assessment and evaluation of classroom settings.

After-School Programs

Agency	Address	Contact	Population Served	Description of Program
92nd St. Y	1395 Lexington Ave. New York, NY 10128	T: 212-415-5767 W: www.92y.org	Individuals with DD	Various afterschool activities, including aquatics, gymnastics and Jewish culture.
Association for Metroarea Autistic Children (AMAC)	25 W. 17th St. New York, NY 10011	Felicia Richgat T: 212-645-5005 x3305 W: www.amac.org	Individuals, ages 6-14 with autism or PDD, ambulatory, with self-care skills	After school programs, 5 days/week 2:30-4:30pm. Arts + crafts, games, motor activities, etc. Transportation provided.
Association for Metroarea Autistic Children (AMAC)	25 W. 17th St. New York, NY 10011	Felicia Richgat T: 212-645-5005 x3305 W: www.amac.org	Individuals, ages 14-21, who are diagnosed with ASD and have a high level of independence	After school wraparound program. 5 days/week 2:30-4:30pm. Transportation provided.
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	Amanda Friedman or Alison Berkley T: 212-256-0846 C: Amanda Friedman 914-494-9888 E: info@atlasforautism.org W: www.atlasforautism.org	Individuals with ASD, LD, ADD, OCD and other developmental disability diagnoses	Daily groups and individual sessions available between 3PM-7PM. Areas of focus include social skills, academics/ tutoring, communication. Homeschooling supports also available. Fees charged.
Daniel's Music Foundation	1595 Lexington Ave. 2nd Floor New York, NY 10029	Nadine McNeil, Program Dir. T: 212-289-8912 W: www.danielismusic.org	Individuals with DD and/or physical disabilities, ages 3 to adult	Free music programs, including rhythm, keyboard, guitar and voice classes.
Esperanza Center	516 West 181st St. New York, NY 10033	Rosa Sanchez, Dennisse Pinargote T: 212-928-5810 x126 E: rsanchez@esperanzacenter.com , dpinargote@esperanzacenter.com W: www.esperanzacenter.com	Children with ASD (autism) living in Manhattan and Western Bronx, ages 5-17	Tuesday + Thursday recreation program 3:30-6:00pm. Transportation provided. Spanish spoken.

After-School Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
GiGi's Playhouse	106 West 117th St. New York, NY 10026	Jasmin Serrer, Site Coordinator T: 646-801-7529 E: nyc@gigisplayhouse.org W: www.gigisplayhouse.org/newyork	Individuals with Down Syndrome + their families	Dance and literacy, among others. All programs are free. Not a drop-off program. Caregiver is expected to remain with participant.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals with DD, ages 5-19	After-school program for children with DD.
Lifespire	159 East 125th St. 2nd Floor New York, NY 10035	Maria Murray T: 646-753-1355 E: mmurray@lifespire.org W: www.lifespire.org	Individuals, ages 14-21, with DD. Must be ambulatory	Structured recreational after school program 4x/week per child offered Monday through Thursday 3pm – 6pm. Transportation home provided. No fee. Based on school calendar.
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Fl. New York, NY 10001	Johnny Nunez T: 718-728-8476 x1222 or 718-7AUTISM W: www.qsac.com	Individuals, ages 8-21, with an autism spectrum disorder	After school respite program that includes teaching, recreation, socialization, + academic skills using principles of Applied Behavior Analysis (ABA).
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Fl. New York, NY 10001	Rocio Chavez T: 718-728-8476 x 1414 or 718-7AUTISM W: www.qsac.com	Individuals who are diagnosed with ASD and have a high level of independence	Social Skills groups held twice a week to improve individual's socialization and interpersonal skills.
Social City	4 convenient Manhattan locations	Co-Founders & Program Directors T: Tara Ferrara 516-286-4829 T: Alexandra Spira 201-394-7439 E: socialcity@socialcitynyc.com W: www.socialcitynyc.com	Individuals with DD, ages 2-16	After school social skills classes for children who require additional social + emotional support. Available Mon-Fri. Fee charged. Individual payment plans available.

After-School Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Special Needs Activity Center for Kids (SNACK)	316 East 53rd St. New York, NY 10022	Liz Brady T: 212-439-9996 E: liz@snacknyc.com W: www.snacknyc.com	Individuals with DD, ages 3-21	Programs include: Socialization (art, music and movement), soccer, swimming at St. Bart's, teen night and teen fitness. Siblings welcome. Fees vary. Open enrollment for all programs
United Cerebral Palsy (UCP of NYC)	PS 138 @ 30th 176 E. 128th St. New York, NY 10035	Carmen Orellana T: 646-625-5000 x5015 E: corellana@ucpnyc.org E: panzalone@ucpnyc.org	Children ages 5-18 with DD, including non-ambulatory and multiply disabled.	After school program held at PS 138 @ 30. Free transportation provided by DOE OPT. Includes sports, arts & crafts + hot meal. Spanish speakers available.
YM-YWHA of Washington Heights and Inwood	54 Nagle Ave. New York, NY 10040	Jon ZefTel T: 212-569-6200 x 269 E: jzefTel@ywashhths.org W: www.ywashhths.org/youth/special-needs	Individuals, in grades K-6, with mild developmental disabilities, including ASD	Inclusion type after school program. Homework help + various recreation activities. Fee charged. Partial scholarships available.

Article 16 Clinics

These outpatient clinics provide a variety of medical, diagnostic, and therapeutic services for individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 5th Floor New York, NY 10038	T: Clinic Intake 212-780-2652 T: Referral & Information Center 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with I/DD + their families	Psychological Evaluations, Psychosocial Assessments. Individual, family, group + couples counseling, weight management counseling, nutritional evaluations + counseling. Medicaid + Medicare accepted. Services available in Spanish and Mandarin.
AHRC New York City	83 Maiden Lane 5th Floor New York, NY 10038	T: Clinic Intake 212-780-2652 T: Referral & Information Center 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with I/DD	Psychological Evaluations + Psychosocial Assessments for persons who don't have Medicaid.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro T: 212-677-8550 x 14 W: www.efmny.org	Individuals with epilepsy + their families	Information + referral, advocacy, vocational rehab counseling, psychotherapy (indiv, group, couples), psychological testing, psychosocial testing, psychiatry. Spanish spoken. Fee: Sliding scale. No one refused.
Lifespire	159 East 125th St. 2nd Floor New York, NY 10035	Kimberly Reynolds T: 718-454-6940 E: kreynolds@lifespire.org W: www.lifespire.org	Individuals with DD with Medicaid + their families	Psychology, social work, sexuality counseling, support groups, nutritional counseling, occupational therapy.
YAI, Center for Specialty Therapy	406 10th Ave. 9th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/cst	People who are diagnosed or suspected to have DD	Outpatient center offering: Psychological Testing (Evaluations to determine OPWDD eligibility, Evaluations for 17A guardianship, and Autism Evaluations); Psychosocial Evaluations; Psychotherapy (individual, group, collateral and family); Nutrition; Physical Therapy; Occupational Therapy; Speech Therapy; Sexual Consent Determination; and Augmentative and Alternative Communication Evaluation and Treatment. Fee: Medicaid, Medicare, Private Pay and some private insurance. English and Spanish spoken. Call for other languages spoken.

Article 28 Clinics

These outpatient clinics provide a variety of primary and specialty health care and rehabilitation services for individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
Access Community Health Center	83 Maiden Lane 6th Floor New York, NY 10038	T: 212-895-3410 W: www.accessschc.org	Individuals with DD	Primary care medical services (including pap smear screenings), psychiatry, social work services, podiatry, OT, PT, and speech, psychology, dental + addiction recovery services. Most insurance plans accepted, including Medicaid + Medicare. Debit, check, cash + credit card payments accepted. Sliding fee schedule available for those who are uninsured or underinsured.
Access Community Health Center	83 Maiden Lane 6th Floor New York, NY 10038	Addiction Recovery Services, Barbara Cajdler T: 212-780-2570 W: www.accessschc.org	Adolescents and adults with substance abuse disorders, including people w/ co-occurring cognitive disabilities + mental illness.	Outpatient Chemical Dependency Treatment Program provides individual + group counseling, case management, relapse prevention + cognitive rehabilitation. Services available for families + significant others. Most insurance accepted, including Medicaid + Medicare. Sliding fee schedule available for those that are uninsured and underinsured. All services available in Spanish.
ArchCare	1432 Fifth Avenue, New York, NY 10035	T: Reception 646-289-7700 W: www.archcare.org	Enrolled Program of All-Inclusive Care for the Elderly (PACE) Participants. Seniors, age 55 and older, Medicaid and/or Medicare eligible, nursing home eligible	Primary Care, Specialty Care, Visiting Registered Nurse, Home Health Aide, 24 Hour On-Call Service, Emergency Services, Speech Therapy, Physical and Occupational Therapy, Prescription Drugs, Durable Medical Equipment/ Supplies, Adult Day Care, Recreational Therapy, Meals, Nutritional Services, Social Work, Entitlement Assistance, Advance Care Planning, Transportation, Escort and/or translation for medical appointments, Respite Care, Medicaid and Medicare accepted as well as private pay

Article 28 Clinics (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Premier HealthCare, Member of the YAI Network	406 10th Ave. 9th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/phc	People with DD and their families	Primary Care (Internal Medicine, Family Practice and Pediatrics); Audiology; Autism Diagnostic Assessments; Dentistry; Dermatology; Desensitization; Endocrinology; Gastroenterology; Gynecology; Medical Social Work; Mental Health Services; Neurology; Nutrition; Occupational Therapy; Ophthalmology; Physiatry; Physical Therapy; Podiatry; Prosthetics and Orthotics; Psychiatry; Speech Therapy; Urology; Wheelchair/Equipment Clinic. Fee: Medicaid, Medicare, Private Pay and some private insurance. English and Spanish spoken. Call for other languages.
Renaissance Health Care Network – Developmental Evaluation Clinic	St. Nicholas Child Health Center 281 West 127th Street New York, NY 10027	Victoria Pinderhughes T: 212-865-1300 F: 212-865-9734 W: www.nyc.gov/html/hhc/html/about/About-HospServices-PrimaryPre-Renaissance.shtml	Individuals, ages 0-18, with suspected developmental delays, DD, or LD	Multidisciplinary comprehensive evaluations with some bilingual staff (French, Spanish).

Behavior Management

Behavior Management is training for parents and caregivers of individuals with developmental disabilities in how to manage difficult behaviors.

Agency	Address	Contact	Population Served	Description of Program
ArchCare	1432 Fifth Avenue New York, NY 10035	T: Reception 646-289-7700 W: www.archcare.org	Individuals with diagnosed or suspected DD	Behavioral + cognitive behavioral therapy for individuals and their families; periodic series of psycho-educational group sessions for parents + caregivers of persons with DD-related behavioral challenges, with an ABA focus.
Atlas Foundation for Autism	252 West 29th St. Third Floor New York, NY 10001	Amanda Friedman or Alison Berkley T: 212-256-0846 C: Amanda Friedman 914-494-9888 E: info@atlasforautism.org A: www.atlasforautism.org	Children with DD, including ASD	Special educators support families, caregivers, teachers and therapists in creating and implementing behavioral and communicative supports for children and young adults with special needs. Fees sometimes apply.
Child Study Center at NYU	1 Park Avenue 7th Floor New York, NY 10016	T: 646-754-4873 E: sarah.kuriakose@nyu.org W: http://nyulangone.org/locations/child-study-center	Individuals with autism ages 12 months to adulthood	Parent + caregiver training for the management of challenging behaviors in individuals with ASD of all functioning levels. Available in family + group formats. Fees charged.
Child Study Center at NYU	1 Park Avenue 7th Floor New York, NY 10016	T: 646-754-4873 E: sarah.kuriakose@nyu.org W: http://nyulangone.org/locations/child-study-center	Individuals with autism ages 12 months to adulthood	Psychotherapy including Cognitive Behavior Therapy (CBT) + Behavior Therapy for individuals with ASD + their families. Group-based, skills-focused intervention also available (The Bridge Project). Fees charged.
Hawthorne Foundation	156 William St. New York, NY 10038	Jeannine Schmelzkopf T: 646-675-5957 E: jeannines@hawthornecountryday.org W: www.hawthornecountryday.org	Individuals with DD and/or ASD, ages 3-18	In-home behavior management training for parents.
Lifespire	184-10 Jamaica Ave. Hollis, NY 11423	Jay Kleinman T: 718-454-6940 E: jkleinman@lifespire.org W: www.lifespire.org	Caregivers of individuals of all ages with DD	In-home behavior management training.

Behavior Management (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	T: 212-241-0961 W: www.icaahn.mssm.edu/research/centers/seaver-autism-center	Individuals of all ages with autism	Treatment provided in the context of research studies at no cost. In addition, services also provided on a fee for service basis.
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	W: www.spectrumservicesnyc.com	Individuals with an autism spectrum disorder	Behavior analysts + psychologists work directly with individuals and/or their family members on behavior related issues. Fee charged.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 W: www.yai.org	Caregivers of people with DD	Project Intervene is a short term in-home training program, focusing on behavior management, parent-child interactions, and skills acquisition. Toilet training groups also available. Also, see Project Grow in Family Training. English and Spanish spoken.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: English 212-273-6200 T: Spanish 212-273-6229 W: www.yai.org/helpinacrisis	People with DD and their families	Crisis Intervention: A team provides services to stabilize crises, provide training, supportive counseling, advocacy, linkage to other services, in-home behavior management, and parent training. English and Spanish spoken.

Benefits Assistance

These agencies provide help in obtaining benefits, such as Medicaid or SSI, to which individuals with developmental disabilities and their families may be entitled.

Agency	Address	Contact	Population Served	Description of Program
Benefits Plus Learning Center	633 Third Ave., 10th floor New York, NY 10017	T: 212-614-5552 & leave a message W: www.benefitsplus.cssny.org Click on benefit tools	Individuals, parents, and caregivers. Resources also available for service providers	Benefits counseling + information and referral regarding SSI, SSDI, Food Stamps, Medicaid, Cash Assistance, Housing searches, Medicare and more. By phone or appointment only. No walk-ins. Spanish spoken.
Center for Independence of the Disabled, New York (CIDNY)	841 Broadway Suite 301 New York, NY 10003	T: Intake 646-442-4186 or 212-674-2300 W: www.cidny.org	Individuals with DD + their families	Benefits advisement on health coverage, housing searches, SSI, SSDI, food stamps + other entitlements. Building is wheelchair accessible. ASL, Spanish, Mandarin, Cantonese, Toysonese, Tagalog spoken.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Katie Lorenzo T: 212-677-8550 x 21 W: www.efmny.org	Individuals with epilepsy + their families	Information and referral on Earned Income Tax Credit for working individuals and parents with modest incomes. Assistance for individuals + families regarding SSI, SSI Disability, welfare and public assistance. Spanish spoken.
Harlem Independent Living Center	289 St. Nicholas Ave. Lower Level, Suite 21 New York, NY 10027	Desryl De Souza, Program Coordinator T: 212-222-7122 W: www.hilc.org	Individuals with disabilities living or working in NYC	All issues related to applications for food stamps, public assistance, SSI, SSDI, Medicare, Medicaid, and housing information. Spanish spoken.
Legal Aid Society	199 Water St. New York, NY 10038	Access to Benefits Hotline T: 888-663-6880 W: www.legal-aid.org	New York City residents	Helpline staff and volunteers assist with unemployment insurance benefits, public health insurance, including Medicaid, public assistance, including food stamps, and other health and safety net benefits, as well as employment and immigration issues. Interpreters available. Hours 9:30-12:30 Mon.-Fri. Immigration issues 9:30-12:30 Fri. Several languages spoken.

Benefits Assistance (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Medicaid	Several locations in Manhattan	T: HRA InfoLine 718-557-1399, 8AM-5PM, Mon.-Fri. Have date of birth + Social Security number ready. W: www.nyc.gov/HRA	Eligible individuals with DD + their families	Health insurance for people who cannot afford private insurance, or whose coverage is not sufficient to meet heavy medical expenses. Can request an interpreter for languages other than English. Info on Food Stamps and other HRA services.
Medicare Rights Center	266 West 37th St., 3rd Floor New York, NY 10018	T: 212-869-3850 or 800-333-4114 W: www.medicarerights.org	Seniors + Individuals with DD eligible for Medicare	Information, referrals, + advocacy assistance on Medicare via telephone counseling, publications, + public education. Spanish spoken.
New York Legal Assistance Group (NYLAG)	7 Hanover Square 18th Fl. New York, NY 10004	T: For Social Security Benefits, Michelle Spadafore 212-613-5024 T: All other questions 212-613-5000 W: www.nylag.org	Individuals with DD who reside in New York City and have a low income	Free legal services organization with Disability Advocacy Project regarding social security issues and separate program on public benefits. Several languages spoken.
Public Health Solutions	40 Worth Street, 5 th FL New York, NY 10013	Myra Mayo T: 646-619-6759 E: mmayo@healthsolutions.org W: www.healthsolutions.org	Aged (over 65), certified blind, individuals with disabilities	Facilitated Enrollment - Aged, Blind, Disabled, Health Insurance enrollment into Medicaid, SNAP (aka-Food Stamps) Enrollment
Resource Entitlement Advocacy Program (REAP)	1403 Madison Ave New York, NY 10029	Anne Rauch T: 212-423-2800 W: www.mountsinai.org/health-professionals/social-work-services/services/specialty-programs	Individuals in East Harlem, Central Harlem, Yorkville. All patients of The Mount Sinai Health System who live in the 5 boroughs	Information, assistance, + advocacy regarding government entitlements + related community services: Medicare, Medicare Part D, Medicaid, Child Health Plus, managed care, home care, food stamps, + eligibility for sliding scale fees through the Financial Assistance Program when patients do not qualify for public health care entitlements. Assistance in applying through NYS Health Marketplace. Wheelchair accessible. Spanish spoken. Interpreters available for other languages.

Benefits Assistance (cont'd)

Agency	Address	Contact	Population Served	Description of Program
SKIP of NY	601 W 26th St. Suite 522 New York, NY 10001	T: 212-268-5999 x 100 W: www.skipofny.org	Individuals with DD, especially children with complex health needs	Assistance with program eligibility.
Supplemental Security Income (SSI)	Multiple offices in New York City	T: 800-772-1213, Mon.-Fri., 7AM-7PM TTY: 800-325-0778 Mon.-Fri., 7AM-7PM W: www.ssa.gov	Eligible individuals with DD	Supplemental Security Income provides monthly payments to individuals with disabilities who have limited income and resources. Interpreters available.

CAMPS

For a comprehensive listing of camps and summer programs for children with special needs, contact INCLUDEnyc, formerly Resources for Children with Special Needs, Mon.-Thurs., 9:00 AM-3:00 PM, at 212-677-4660 (English) or 212-677-4668 (Spanish) or www.includenyc.org.

Case Management/Service Coordination

Case managers offer help in choosing and getting appropriate services for individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
A Very Special Place	49 Cedar Grove Ave Staten Island, NY 10306	Resources + Transition Coordinator T: 718-987-1234 x1034 E: dklein@avspny.org W: www.avspny.org	Individuals with DD. Medicaid required	Medicaid Service Coordination
AHRC New York City	2488 Grand Concourse Rm. 404 Bronx, NY 10458	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals, age 3+, with OPWDD eligibility, who are not eligible for Medicaid.	Non-Medicaid Service Coordination
AllCare Provider Services	3040 E. Tremont Ave. Suite 205 Bronx, NY 10461	Catherine Smith T: 877-391-0977 x501 W: www.allcareps.org	Individuals with DD. Medicaid required	Medicaid Service Coordination. Spanish spoken.
Catholic Guardian Services	1011 Third Avenue New York, NY 10022	Louis Pelino T: 347-504-2101 W: www.catholicguardian.org	Individuals with IDD. Medicaid required.	Medicaid Service Coordination.
Center for Family Support	333 Seventh Ave. 9th Floor New York, NY 10001	Veronica Montiel T: 212-629-7939 x282 W: www.cfsny.org	Individuals with DD. Medicaid required	Medicaid Service Coordination. Spanish speaking staff available.
Cerebral Palsy Associations of New York State	330 W. 34th St. 15th Fl. New York, NY 10001	Beth Lochansky T: 212-947-5770 x236 E: blochansky@cpofnys.org W: www.cpodfnys.org	Individuals with DD who are OPWDD eligible. Medicaid required.	Medicaid Service Coordination.
Child and Family Support Services	1686 Grand Concourse Suite B Bronx, NY 10457	Diana Baltazar T: 718-618-7535 F: 718-618-7537 E: dbaltazar@nycfss.org W: www.nycfss.org	Individuals with DD, ages 4+. Medicaid required	Medicaid Service Coordination. Spanish, French, Creole spoken.

Case Management/Service Coordination (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Community Assistance Resources and Extended Services (CARES)	465 Grand St. 2nd Fl. New York, NY 10002	T: Lisa Louie (English + Chinese) 212-420-1970 x117	Individuals with DD. Medicaid required	Medicaid Service Coordination. Most Chinese dialects spoken.
Community Options NY	350 Fifth Ave. Suite 5230 New York, NY 10118	Angela Carotenuto-Rosen T: 212-227-9110 x401 W: www.comop.org or Regina Taylor-Tuck T: 212-227-9110 x411	Adults with DD or TBI. Medicaid required	Medicaid Service Coordination and Traumatic Brain Injury Service Coordination. Spanish + Greek spoken.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Jesenia Diaz T: 718-206-3400 x213 W: www.communityres.org	For residents of Washington Heights with DD, who are not eligible for Medicaid	Non-Medicaid Service Coordination. Spanish spoken
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Jesenia Diaz T: 718-206-3400 x213 W: www.communityres.org	Individuals with DD. Medicaid required	Medicaid Service Coordination. Spanish spoken.
Contemporary Guidance Services	52 Broadway 4th Fl. New York, NY 10004	Anice Cox T: 646-214-1273 E: acox@cgsnyc.org W: www.cgsnyc.org	Individuals with DD. Medicaid required	Medicaid Service Coordination. Spanish + Creole spoken.
East Harlem Council for Community Improvement (EHCCI)	413 East 120th St. Room 112 New York, NY 10035	Talanda Jackson T: 212-410-7707 x5245	Individuals with DD. Medicaid required	Medicaid Service Coordination. Spanish spoken.
Elmy's Special Services	163 Van Buren St. 1st Floor Brooklyn, NY 11221	Kabetha Udayan T: 347-277-4946	Individuals with DD, age 3+. Medicaid required	Medicaid Service Coordination. Spanish spoken.

Case Management/Service Coordination (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Sally Bisono T: 212-677-8550 x 24 W: www.efmny.org	Individuals with DD, ages 3+	Non-Medicaid and Medicaid case management. Day + evening hours. Spanish spoken.
Esperanza Center	516 West 181st St. New York, NY 10033	Johanna Tapia T: 212-928-5810 x117 E: jtapia@esperanzacenter.com W: www.esperanzacenter.com	Individuals with DD. Medicaid required	Medicaid Service Coordination. Spanish spoken.
Gateway Counseling Center (GCC)	4500 Furman Ave. Bronx, NY 10470	Mary Tejada, Intake Coordinator T: 718-325-5021 F: 718-504-4355 W: www.gccnyc.org	Individuals with IDD of all ages. Medicaid required	Medicaid Service Coordination. Spanish spoken.
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu T: 718-261-6552 x2012 W: www.ghoinc.org	Individuals with DD, ages 3+	Family support case management. Mandarin, Cantonese, Taiwanese and Korean spoken. Medicaid is not required.
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu T: 718-261-6552 x2012 W: www.ghoinc.org	Individuals with DD, ages 3+. Medicaid required	Medicaid Service Coordination. Mandarin, Cantonese, Taiwanese and Korean spoken. Medicaid is required.
Harlem Dowling-Westside Center for Children and Family Services	2090 Adam Clayton Powell Blvd. 1st Fl., Suite 108 New York, NY 10027	T: 212-749-3656 x219 W: www.harlemdowling.org	Individuals of all ages with DD. Medicaid not required.	Short term service coordination, advocacy, short-term crisis intervention, and referrals. Spanish spoken.
Hawthorne Foundation	5 Bradhurst Ave. Hawthorne, NY 10532	T: 914-592-8526 x3119 W: www.hawthornecountryday.org	Individuals with DD. Medicaid required	Medicaid Service Coordination.
Human First	134 W. 29th St. 12th Floor New York, NY 10001	Luisa Eusse-Roche T: 347-832-0035 E: leusse-roche@humanfirst.org W: www.humanfirst.org	Individuals with DD who are OPWDD eligible. Medicaid required	Medicaid Service Coordination. Spanish + Russian spoken.

Case Management/Service Coordination (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Independent Living Association	110 York St. 3rd Floor Brooklyn, NY 11201	Chaitra Allen T: 718-852-2000 x1123 or 1158	Individuals with DD, ages 6+. Medicaid required	Medicaid Service Coordination.
Institute for Community Living	125 Broad Street New York, NY 10004	Kathleen Dunbar T: 646-671-3066 W: www.iclinc.net	Individuals with DD. Medicaid required	Medicaid Service Coordination.
Job Path	256 West 38th Street 2 nd Floor New York, NY 10018	Carolann Granata T: 212-944-0564 W: www.jobpathnyc.org	Individuals with DD, ages 18+. Medicaid required	Medicaid Service Coordination.
Kennedy Child Study Center	1028 East 179 th Street Bronx, NY 10460	Alice Nicola T: 212-842-0200 x258 W: www.kenchild.org	Individuals, ages 3-12, with developmental delays. Medicaid required	Medicaid Service Coordination. Spanish spoken.
Lexington Vocational Services Center	26-26 75th St. East Elmhurst, NY 11370	Adele Agin T: 718-350-3110 W: www.lexnyc.org/vocational	Individuals with DD + Deafness, ages 18+. Must have Medicaid	Medicaid Service Coordination for eligible persons. ASL spoken.
Life Adjustment Center	1430 Broadway Suite 501 New York, NY 10018	Diana Delgado T: 212-938-1223 x118 W: www.lifeadjustmentcenter.com	Individuals with DD. Medicaid required	Medicaid Service Coordination for all ages. Can do Willowbrook Case Management.
Lifespire	1 Whitehall St. New York, NY 10004	Anna Brown T: 212-741-0100 x4518 E: abrown@lifespire.org W: www.lifespire.org	Individuals with DD, ages 3+. Medicaid required	Medicaid Service Coordination for eligible persons. Spanish and French spoken.
Lower East Side Family Union	227 E. 3 rd St. New York, NY 10009	T: 212-260-0040 Luis Nieves x1207, Wei He x1222 or Latiefa Hook x1248	Individuals with DD. Medicaid not required.	Family support funded case management, including referrals to programs that reimburse costs for transportation, summer camp, and goods + services. Mandarin + Spanish spoken. Advocacy offered.

Case Management/Service Coordination (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Mercy Drive	60-69 Woodhaven Blvd Elmhurst, NY 11373	T: reception 718-275-9322 T: intake 718-275-9326/ 516-548-8650/ 718-268-4187/ 718-268-0091/ 718-275-0071/ 718-275-9321 E: p.ossona@mercydriveinc.org / n.espinal@mercydriveinc.org / s.rodriquez@mercydriveinc.org / v.bonilla@mercydriveinc.org / d.bolden@mercydriveinc.org / l.kwiecien@mercydriveinc.org / a.malla@mercydriveinc.org / a.vaughn@mercydriveinc.org W: www.mercydriveinc.org	Individuals with DD, ages 3+. Medicaid required	Medicaid Service Coordination. Will assist individuals with DD to obtain services. Spanish, Hindi, Urdu, Nepali, Creole, Russian spoken.
NY Foundling	590 Avenue of the Americas New York, NY 10011	Information and Referral T: 212-886-4020 E: I&R@nyfoundling.org W: www.nyfoundling.org	Individuals with DD who are OPWDD eligible. Medicaid required	MSCs help individuals with developmental disabilities access vital services and plan for their future
Ohel Bais Ezra	3611 14th St. Brooklyn, NY 11218	T: 718-436-6124 W: www.ohelfamily.org	Individuals with DD. Medicaid required	Medicaid Service Coordination. Hebrew and Yiddish spoken.
Otsar Family Services	2334 W. 13th St. Brooklyn, NY 11223	Marcia Merel T: 718-946-7301 x215 W: www.otsar.org	Individuals with DD. Medicaid required	Medicaid Service Coordination.
Program Development Services (PDS)	6916 New Utrecht Ave Brooklyn, NY 11228	Mary Pyle T: 718-256-2212 E: mpyle@4pds.org W: www.4pds.org	Individuals of all ages with DD. Medicaid required	Medicaid Service Coordination. Spanish spoken.
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Floor New York, NY 10001	Farzana Karim T: 718-728-8476 x1233 or 718-7AUTISM W: www.qsac.com	Individuals with DD, including ASD. Medicaid required	Medicaid Service Coordination.
Rewarding Environments for Adult Living (REAL)	32 Belmont Blvd. Elmont, NY 11003	Kathleen Dunbar T: 212-939-9520 F: 212-939-9527 E: kathleendunbar@real-nyc.org	Individuals with I/DD. Medicaid required	Medicaid Service Coordination. Will assist individuals with DD to obtain Medicaid. Spanish spoken.

Case Management/Service Coordination (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Shield Institute	144-61 Roosevelt Ave. Flushing, NY 11354	Dorothy Wohl T: 718-939-8700 x1242 W: www.dkv.columbia.edu/demo/shield/shield/site	Individuals with DD of all ages. Medicaid required	Medicaid Service Coordination. Spanish, Haitian Creole, Korean and Mandarin spoken.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Doris Rodriguez T: 212-643-2840 x325 E: droduiguez@sinergiany.org W: www.sinergiany.org	Individuals with DD who are not eligible for Medicaid Service Coordination. Must be living with a family member	Non-Medicaid service coordination. Wheelchair accessible. Spanish spoken.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Natasha Harris T: 212-643-2840 x 326 E: nharris@sinergiany.org W: www.sinergiany.org	Individuals with DD. Medicaid required	Medicaid Service coordination for individuals with DD. Wheelchair accessible. Spanish spoken
SKIP of NY	601 W. 26th St. Suite 522 New York, NY 10001	T: 212-268-5999 x100 W: www.skipofny.org	Individuals with DD, especially children with complex health needs. Medicaid required	Medicaid Service Coordination. Family Support Service Coordination. Care at Home Waiver Service Coordination.
Special Citizens Futures Unlimited	500 Executive Blvd. Suite 147 Elmsford, NY 10523	Lori Elson, MSC Supervisor T: 917-648-1833 W: www.specialcitizens.org	Individuals with DD of all ages. Medicaid required	Medicaid Service Coordination. Spanish spoken.
St. Mary's Healthcare System for Children	5 Dakota Dr. Suite 200 New Hyde Park, NY 11042	T: Central Intake 800-270-2478 or 718-281-8600 W: www.stmaryskids.org	Individuals with DD of all ages. Medicaid required	Medicaid Service Coordination. Care at Home Waiver Service Coordination.
Thrive Network	241 37th St. Suite 604 Brooklyn, NY 11232	Rahsean Anderson T: 718-965-1998 x 8152 W: www.thethrivenetwork.org	Individuals with DD. Medicaid required	Medicaid Service Coordination. Creole and Spanish spoken.
United Cerebral Palsy (UCP of NYC)	110 Elmwood Ave. Brooklyn, NY 11230	Carol Lincoln T: 718-859-5420 x225	Persons with DD + their families. Must have Medicaid.	Medicaid Service Coordination. Spanish spoken.
Yachad-The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Michael Applebaum T: 212-613-8284 W: www.njcd.org/juf	Individuals with DD. Medicaid required	Medicaid Service Coordination. Yiddish, Hebrew, and American Sign Language.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD and their families	Medicaid Service Coordination. English and Spanish.

Community Habilitation

Funded through the Home and Community Based Services (HCBS) Medicaid Waiver, community habilitation is a service provided in the home and/or in the community that assists the individual with DD in developing skills in activities of daily living such as personal grooming, food preparation + social skills.

AGENCY	CONTACT
AHRC New York City	T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org
Center for Family Support	Christine Powers T: 212-629-7939 x229 W: www.cfsny.org
Cerebral Palsy Associations of New York State	T: 718-735-8601 x7150 E: aarrieta@cpofnys.org W: www.cpodnys.org
Child and Family Support Services	T: 718-618-7535 F: 718-618-7537 E: dgarcia@nycfss.org W: www.nycfss.org
Community Assistance Resources and Extended Services (CARES)	T: Steven Miller 212-420-1970 x163
Community Resources & Services for Children (CRSC)	T: 718-206-3400 F: 718-206-0559
Epilepsy Foundation of Metropolitan New York	Brian Pinto T: 212-677-8550 x 12 W: www.efmny.org
Esperanza Center	Dennisse Pinargote, Any Tavaréz T: 212-928-5810 x126, 177 E: dpinargote@esperanzacenter.com , atavarez@esperanzacenter.com W: www.esperanzacenter.com
Gateway Counseling Center (GCC)	T: 718-325-5021 F: 718-504-4355 W: www.gccnyc.org
General Human Outreach in the Community (GHO)	T: 718-261-6552 x2012 W: www.ghoinc.org
Human First	T: 516-823-9500 E: lrayside@humanfirst.org W: www.humanfirst.org

Community Habilitation (cont'd)

AGENCY	CONTACT
Job Path	T: 212-944-0564 W: www.jobpathnyc.org
Life Adjustment Center	Tiffany Armstrong T: 718-293-9727 x28 W: www.lifeadjustmentcenter.com
Lifespire	T: 212-741-0100 E: gromero@lifespire.org W: www.lifespire.org
Mercy Drive	T: 718-792-1032/ 718-794-9368/ 718-792-4810/ 347-356-8529 E: c.rivera@mercydriveinc.org / m.perez@mercydriveinc.org / p.winchester@mercydriveinc.org
NY Foundling	Information and Referral T: 212-886-4020 E: I&R@nyfoundling.org W: www.nyfoundling.org
NY Foundling- FOCUS Program	Information and Referral T: 212-886-4020 E: I&R@nyfoundling.org W: www.nyfoundling.org
Ohel Bais Ezra	T: 718-436-6124 W: www.ohelfamily.org
Otsar Family Services	Joel Liebowitz T: 718-946-7301 x201 W: www.otsar.org
Quality Services for the Autism Community (QSAC)	Johnny Nunez T: 718-728-8476 x1222 or 718-7AUTISM W: www.qsac.com
Rewarding Environments for Adult Living (REAL)	Mavis Maholmes T: 212-939-9520 F: 212-939-9527 E: mmaholmes@real-nyc.org
Sinergia	T: 212-643-2840 x 324 E: tcaro@sinergiany.org W: www.sinergiany.org
SKIP of NY	T: 212-268-5999 x100 W: www.skipofny.org

Community Habilitation (cont'd)

AGENCY	CONTACT
United Cerebral Palsy (UCP of NYC)	Shani Fintoni T: 718-859-5420 x 255
Yachad - The National Jewish Council for Disabilities	Michael Applebaum T: 212-613-8284 W: www.njcd.org/juf
YAI	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org

Crisis Intervention

Crisis intervention is emergency assistance with serious short-term problems, provided by professional staff, to individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
Autism Speaks	1 East 33rd St. 4th Floor NY, NY 10016	T: 888-288-4762 English T: 888-772-9050 Spanish E: familyservices@autismspeaks.org W: www.autismspeaks.org	Individuals with autism + their families	Autism response team is specially trained to connect individuals with autism and their families to information, resources and opportunities.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Katie Lorenzo T: 212-677-8550 x 21 W: www.efmny.org	Individuals with epilepsy + their families	Crisis intervention + referral services, including individual + family training, counseling about epilepsy, psychological counseling, case management. Day + evening hours. Fee: sliding scale from \$0 up. Spanish spoken.
New York Foundling Crisis Nursery	590 Ave. of the Americas, 8 th Floor New York, NY 10011	T: Parent Helpline 212-472-8555 T: 24 hour hotline 888-HELP553 T: 212-886-4000 W: www.nyfoundling.org/crisis-nursery-helpline	Parents of children with DD, ages 0-10, up to 12, if accompanied by younger sibling. No severe disabilities or serious behavioral issues	Crisis Intervention for parents and families in crisis. Emergency respite provided. Spanish spoken. No fee.
NY START	460 W. 34 th St. 11 th Floor New York, NY 10001	T: 212-273-6300 W: www.yai.org	People ages 6+ with DD and behavioral health needs	NY START (Systemic, Therapeutic, Assessment, Resources & Treatment) offers crisis prevention and response services to people with DD and complex behavioral health needs, as well as their families and those who provide supports.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: English 212-273-6200 T: Spanish 212-273-6229 W: www.yai.org/helpinacrisis	People with DD and their families	A team provides services to stabilize crises, provide training, supportive counseling, advocacy, linkage to other services, in-home behavior management, and parent training. English and Spanish spoken.

Evaluations – Psychological, Psychosocial

The following resources can help you get the psychological and psychosocial evaluations that are required to establish eligibility for services provided under the Office for People with Developmental Disabilities (OPWDD).

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 5 th Floor New York, NY 10038	T: Clinic Intake 212-780-2652 T: Referral & Information Center 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with I/DD	Psychological Evaluations & Psychosocial Assessments for persons who don't have Medicaid. Also, reimbursement available for evaluations for people who do not have Medicaid.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro T: 212-677-8550 x14 W: www.efmny.org	Individuals with epilepsy & their families	Psychological & Psychosocial assessments. Medicaid required.
Lifespire	159 East 125 th St. 2 nd Floor New York, NY 10035	Kimberly Reynolds T: 718-454-6940 E: kreynolds@lifespire.org W: www.lifespire.org	Individuals with DD & their families	Psychological & Psychosocial assessments. Medicaid required.
Sinergia, Inc.	2082 Lexington Avenue 3 rd Floor New York, NY 10035	Doris Rodriguez T: 212-643-2840 x325 E: drodriguez@sinergiany.org W: www.sinergiany.org	Individuals with DD who don't have Medicaid	Non-Medicaid psychological and psychosocial evaluations for people seeking OPWDD eligibility. Available 7 days a week. Evaluations can be done at home if requested. Spanish spoken.
YAI, Center for Specialty Therapy	406 10 th Avenue 9 th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/cst	Individuals who are diagnosed or suspected to have DD	Psychological & Psychosocial assessments. Medicaid required.
YAI, Center for Specialty Therapy	406 10 th Avenue 9 th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/cst	People with DD who don't have Medicaid	Psychological & Psychosocial evaluations.

See also Article 16 Clinics and Article 28 Clinics.

Family Training/Counseling

Family training for family members in communication skills, behavior management, independence skills, and advocacy.

Agency	Address	Contact	Population Served	Description of Program
Advocates for Children of New York	151 West 30th St. 5th Floor New York, NY 10001	T: 212-947-9779 T: Helpline 866-427-6033, Mon.-Thurs.10AM-4PM W: www.advocatesforchildren.org and www.arisecoalition.org	Individuals with DD, birth-26	A non-profit organization that provides a full range of educational support, legal and advocacy services for parents, youth, and professionals. Offers free workshops in the community for parents, professionals, and youth.
ArchCare	1432 Fifth Avenue New York, NY 10035	T: Reception 646-289-7700 W: www.archcare.org	Families of individuals with diagnosed or suspected DD	Behavioral + cognitive behavioral therapy for families of individuals with DD; periodic series of psycho-educational group sessions for parents + caregivers of individuals with DD-related behavioral challenges, with an ABA focus. Spanish language support group for parents of individuals with DD.
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	Amanda Friedman or Alison Berkley T: 212-256-0846 C: Amanda Friedman 914-494-9888 E: info@atlasforautism.org W: www.atlasforautism.org	Individuals with ASD, LD, ADD, OCD and other developmental disabilities	Coaching sessions to aid in behavioral understanding + supports, relationship building, + creating an inspired team of family, school + therapists. Fee charged.
Brain Injury Association of New York State	10 Colvin Ave. Albany, NY 12206	FACTS Program T: 518-459-7911 T: Family Helpline 800-444-6443 E: info@bianys.org W: www.bianys.org	Individuals with traumatic brain injuries which occurred before age 22 and their families	Counseling, information + referral, case management, advocacy training + emotional support. Also support groups and Family Helpline.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro T: 212-677-8550 x 14 W: www.efmny.org	Individuals with epilepsy + their families	Individual, family + group training + counseling about epilepsy. Psychological counseling. Workshops + educational materials. Day + evening hours. Fee: sliding scale from \$0 up. Spanish spoken.

Family Training/Counseling (cont'd)

Agency	Address	Contact	Population Served	Description of Program
GiGi's Playhouse	106 West 117th St. New York, NY 10026	Jasmin Serrer, Site Coordinator T: 646-801-7529 E: nyc@gigisplayhouse.org W: www.gigisplayhouse.org/newyork	Individuals with Down Syndrome+ their families	Family support and social groups, lectures about education, advocacy, and other topics for caregivers. All programs are free.
INCLUDEnyc	116 E. 16th St. 5th Floor New York, NY 10003	Resource line M-Th 9 am-3 pm T: Eng 212-677-4660 T: Span 212-677-4668 F: 212-254-4070 E: Info@INCLUDEnyc.org W: www.INCLUDEnyc.org	Individuals, birth to age 26, with any disability and their families	Training and technical assistance for parents and professionals on laws, regulations, rights, benefits, educational and other services. Workshops in English and Spanish.
JCC Manhattan	334 Amsterdam Ave New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals with DD and their families	Groups for parents of toddlers, pre-schoolers, school aged children, teens, and young adults with DD. Groups for grandparents, siblings, fathers, couples + twins.
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D New York, NY 10065	Susan Williams T: 212-570-6860 F: 212-570-9946 W: manhattanmothers@aol.com	Individuals with DD + their families	Information + referral to services, advocacy, parent-to-parent connections, help with educational transition + residential issues: Advocacy + meeting info by phone and e-mail for a fee: \$20, if affordable. Call Mon.-Fri between 9am and 5pm except for emergencies.
Mercy Drive	60-69 Woodhaven Blvd Elmhurst, NY 11373	T: 718-275-9326 E: p.ossona@mercydriveinc.org W: www.mercydriveinc.org	Individuals with DD, ages 3 to 18. Medicaid eligible	In-home ONLY family education and training on a variety of topics. Mandatory two visits per fiscal year.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St., 11th Floor New York, NY 10001	Paola Martinez Boone T: 212-244-4664 W: www.nylpi.org	Individuals with DD and their families	NYLPI's Education Program, housed in the Disability Justice (DJ) program, offers free trainings for parents + advocates in the community on various legal and advocacy related topics.

Family Training/Counseling (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Ramapo for Children	49 W. 38th St. 5th Floor New York, NY 10018	Alicia Barry T: 212-754-7003 W: www.ramapoforchildren.org	Families of individuals with DD	Parent support + education workshops on managing children's challenging behaviors, using visuals, structuring playdates + more. Ramapo Parent Education and Support workshops address the challenging behaviors of all children, including those with special needs such as autism spectrum disorders, and help parents feel empowered to meet their children's needs while reducing their own frustration and fatigue. Call for fees.
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	T: 212-241-0961 W: www.icaahn.mssm.edu/research/centers/seaver-autism-center	Families of individuals with ASD, ages 0-adult	Family counseling/ therapy. Fee for service.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Emma Baber-Kessler T: 212-643-2840 x372 E: ebaberkessler@sinergiany.org W: www.sinergiany.org	Parents with Developmental Disabilities who are eligible for community habilitation and/or with children in foster care.	Weekly parent education classes, advocacy and case management.
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	W: www.spectrumservicesnyc.com	Individuals with an autism spectrum disorder	Free family support group.
YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	Parents with DD	Parents With Special Needs (PWSN): Support and training for mothers and fathers who have DD and who need guidance to foster a more rewarding family life through effective child rearing and household management. In-home skill training as well as educational and support group.

Family Training/Counseling (cont'd)

Agency	Address	Contact	Population Served	Description of Program
YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 W: www.yai.org	Parents and caregivers of people with DD	Project Grow: Basic and advanced parent training related to issues of relationships and sexuality with adolescents and adults with developmental disabilities. English and Spanish groups offered. Public transportation reimbursement provided. Respite offered for some sessions.
YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/parentsupport	Parents and caregivers of individuals with DD	Project Grow: Group training for families teaching specific behavior techniques to promote positive family interactions. Peer support is also provided. English, Spanish, Cantonese and Mandarin groups offered. Respite offered for some sessions. Public transportation reimbursement provided.
YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/autismsupport	Parents and caregivers of people with DD	Parent Support Group: A therapeutic support group for parents and caregivers of a person with a developmental disability.

Guardianship Information/Financial Planning/Future Care Planning

When a child with developmental disabilities becomes 18 years old, the parents are no longer the legal guardians. If your child will continue to need supervision and guidance as an adult, you may want to establish a legal guardian before your child reaches 18. You may also want information and advice on providing for your child's future financial needs. The following agencies can help you.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 5th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with IDD + their families	Help/referral with guardianship, estate planning + other legal issues. No fee.
ArchCare	1432 Fifth Avenue New York, NY 10035	T: Reception 646-289-7700 W: www.archcare.org	Families of individuals with diagnosed or suspected DD	Support + guidance with application process for 17A guardianship, including provision of related assessments. Spanish language support groups for parents of individuals with DD, with a focus on future planning.
Disabled and Alone Life Services for the Handicapped	1440 Broadway 23rd Floor New York, NY 10018	T: 212-532-6740 or 800-995-0066 W: www.disabledandalone.org	Individuals with DD + their families	Supports families with future care planning, including special needs trusts and Life Services Personal Advocates.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St. 11th Floor New York, NY 10001	Paola Martinez Boone T: 212-244-4664 W: www.nylpi.org	Individuals with DD + their families	NYLPI's Education Program, housed in the Disability Justice (DJ) program, offers free trainings for parents + advocates in the community on various legal and advocacy related topics.
NYSARC	29 British American Blvd., 2nd floor Latham, NY 12110	T: 518-439-8311 W: www.nysarc.org Trust program T: 800-735-8924 W: www.nysarc.trustservices.org	Individuals with DD and their families	Serves as a resource, offering information and assistance with future care planning alternatives, including, but not limited to: guardianship, supplemental needs trusts, health care proxies, Do Not Resuscitate Orders. Also offers corporate guardianship and trust services programs. Offers various Supplemental Needs Trust programs to assist with SSI + Medicaid eligibility.

Guardianship Information/Financial Planning/Future Care Planning (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Surrogate Court for New York County	31 Chambers St. Room 301 New York, NY 10007	T: 1-800-268-7869 W: www.nycourts.gov/courts/1jd/surrogates	Families of individuals with IDD	Application processing for 17A guardianship. Do-it-yourself online program at http://nycourts.gov/courthelp//Guardianship/17A.shtml One-to-one do it yourself assistance provided in person once a week. Call to make an appointment.
UJA-Federation of New York	130 East 59 th Street New York, NY 10022	Irina Tuchina, LMSW Community Trust Administrator T: (212) 836-1150 E: tuchinai@UJAFEDNY.ORG	Individuals with disabilities and families	Special Needs Trust (SNT) to assist individuals with disabilities. Both third party and self-settled trusts are available. Personal Advocacy Services for the trust beneficiary are provided by an affiliated social service agency.
YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/cst	People diagnosed with DD or suspected DD	Psychological Evaluations for 17A Guardianship. Medicaid or private pay accepted.

Housing Assistance/Home Modifications for Individuals with Physical Disabilities

Housing assistance is help in finding and getting housing appropriate for individuals with developmental disabilities. Home modification is help in fixing up the home to help people with physical disabilities become more independent.

Agency	Address	Contact	Population Served	Description of Program
Harlem Independent Living Center	289 St. Nicholas Ave. Suite 21, Lower Level New York, NY 10027	Maria Estevez T: 212-222-7122 W: www.hilc.org	Individuals with disabilities living or working in NYC	Housing assistance. Spanish spoken.
Mayor's Office for People with Disabilities	100 Gold St. 2nd Floor New York, NY 10038	T: 212-788-2830 or 311 E: poh@cityhall.nyc.gov W: www.nyc.gov/mopd	Individuals with all disabilities	Project Open House. Small barrier removal program.
Rebuilding Together NYC	285 Van Brunt St. Brooklyn, NY 11231	Briana McKinney T: 718-488-8840 W: www.rebuildingtogethernyc.org	Individuals with DD, who have a low or fixed income and own their homes. May consider applications from renters	Home modification + general home repair at no cost to the homeowner. Also Access to Home for individuals with Medicaid.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	America Saint-Hilaire T: 212-643-2840 x 341 E: asainthilaire@sinergiany.org W: www.sinergiany.org	Individuals with DD + their families	Evictions and other housing court matters. Assistance with NYCHA relates issues, obtaining rent subsidies, repairs and tenant's rights workshops. Spanish spoken.
United Cerebral Palsy (UCP of NYC)	5030 Broadway New York, NY 10034	Annie Rivera T: 917-965-2950	Persons with DD and their families	Housing Assistance Services provides information + referral to affordable accessible housing. Limited funding for home modifications + adaptive equipment for eligible persons with ID/DD. Accessibility evaluations will be completed on a limited basis. Spanish translation available.

Information + Referral

Information + referral services provide information about programs and services for individuals with developmental disabilities and their families.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 11th Floor New York, NY 10003	Referral + Information Center T: 212-780-4491 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with DD + their families	Information + referral. Spanish spoken.
ArchCare	33 Irving Place New York, NY 10003	T: Care Navigator at 855-951-CARE or 711, 8:00 AM - 8:00 PM W: www.archcare.org	Individuals with DD and their families	Care Navigation Center: This service helps explore what services individuals need and then refers to those services.
Autism Speaks	1 East 33rd St. 4th Floor New York, NY 10016	T: 888-288-4762 English T: 888-772-9050 Spanish E: familyservices@autismspeaks.org W: www.autismspeaks.org	Individuals with autism + their families	Provides information, tools + resources over the phone + via e-mail.
Benefits Plus Learning Center	633 Third Ave. 10th floor New York, NY 10017	T: 212-614-5552 & leave a message W: www.benefitsplus.cssny.org Click on benefit tools	Individuals with DD and their families and professionals	Information on benefits such as: SSI, SSDI, food stamps, Medicaid, cash assistance, Medicare, and more. Assistance by phone or by appointment only. No walk-ins. Spanish spoken.
Brain Injury Association of New York State	10 Colvin Ave. Albany, NY 12206	Family Help Line T: 800-444-6443 E: info@bianys.org W: www.bianys.org	Individuals with traumatic brain injuries which occurred before age 22 + their families	Information + referral, counseling, case management, advocacy training + emotional support. Also, support groups and Family Helpline.
Catholic Charities Community Services, Archdiocese of NY	1011 First Ave. 6th Floor New York, NY 10022	T: Helpline 888-744-7900 W: www.catholiccharitiesny.org	Individuals in need from the Bronx, Manhattan, and the Upper Counties of Westchester, Putnam, Rockland, Orange, Dutchess, Ulster, and Sullivan.	Helps support New Yorkers in need, non-Catholics and Catholics alike.
Cerebral Palsy Associations of New York State	330 W. 34th St. 15th floor New York, NY 10001	Pier Fetz-Scimeca T: 212-947-5770 x221 E: pfetz-scimeca@cpofnys.org W: www.cpodfnys.org/Home.aspx	Individuals with DD + their families	Information + referral.

Information + Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Committee for Hispanic Children and Families	75 Broad St. 6th Floor New York, NY 10004	T: 212-206-1090 W: www.chcfinc.org	Children with DD, birth-17	Free referrals for child care, summer camps, afterschool programs. Spanish spoken.
Early Childhood Direction Center (ECDC) at New York Presbyterian Hospital	409 E. 60th St. Suite 3-312 New York, NY 10022	Marilyn Rubinstein T: 212-746-6175 E: ecdc@nyp.org W: www.nyp.org/ecdc	Children, ages 0-5, with diagnosed or suspected DD	Information + referral about diagnostic + evaluation services, infant + toddler early intervention services, preschool special education services, habilitation services, financial benefits, medical services, family support services, etc. Workshops for families + professionals. Spanish spoken.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Katie Lorenzo T: 212-677-8550 x 21 W: www.efmny.org	Individuals with epilepsy + their families	Information + referral to medical specialists + psychosocial services. Day + evening hours. Fee: sliding scale from \$0 up. Spanish spoken.
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu T: 718-261-6552 x2012 W: www.ghoinc.org	Individuals with DD, ages 3+	Information, outreach + referral. Cantonese, Chinese, Mandarin, Taiwanese Chinese and Korean spoken. Medicaid not required.
Harlem Independent Living Center	289 St. Nicholas Ave. Suite 21, Lower Level New York, NY 10027	Marcia Estevez T: 212-222-7122 W: www.hilc.org	Individuals with disabilities living or working in NYC	Information and referral. Assistance with benefits applications. Housing assistance + disability rights information. Spanish spoken.
Heartshare Human Services of NY	12 MetroTech 29th Floor Brooklyn, NY 11201	Laurie Yankowitz, Ed.D., VP for Individual Supports T: 718-422-3271 W: www.heartshare.org	Individuals with Fragile X Syndrome + their families. Staff who work with individuals with Fragile X	Information + referral, education relating to Fragile X Syndrome.
INCLUDEnyc	116 E. 16th St. 5th Floor New York, NY 10003	Resource line M-Th 9 am - 3 pm T: Eng 212-677-4660 T: Span 212-677-4668 F: 212-254-4070 E: Info@INCLUDEnyc.org W: www.INCLUDEnyc.org	Individuals, birth to age 26, with any disability and their families	Information and referral, advocacy, training and support. Help accessing and navigating services in all systems: education, social services, health, recreation, and developmental disabilities. Spanish spoken. Free.

Information + Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D New York, NY 10065	Susan Williams T: 212-570-6860 F: 212-570-9946 W: manhattanmothers@aol.com	Individuals with DD + their families	Advocacy, information + referral to services: Mon.-Fri. 9am-5pm. (anytime in an emergency) Also, advocacy, parent-to-parent connections, help with educational transition + residential issues. Advocacy + meeting info by phone and e-mail for a fee: \$20, if affordable.
Mayor's Office for People with Disabilities	100 Gold St. 2nd Floor New York, NY 10038	T: 212-788-2830 or 311 E: poh@cityhall.nyc.gov W: www.nyc.gov/mopd	Individuals with any disability diagnosis + their families	Information + referral on all disability-related issues. Assistance with NYC services. Assistance with disability related laws.
Metro Developmental Disabilities Regional Office (DDRO)	25 Beaver St. New York, NY 10004	T: 646-766-3220	Individuals with DD + their families	Front Door to access services. Information + referral.
Narcolepsy Institute of Montefiore Medical Center	111 E. 210th St. Bronx, NY 10467	Dr. Meeta Goswami T: 718-920-4841 W: www.montefiore.org/sleep-wake-disorders-narcolepsy-institute	Individuals with narcolepsy + their families	Screening, information + referral, individual + group counseling services at Montefiore Medical Center. Medicaid, Medicare + other insurance accepted.
New York City Department of Health and Mental Hygiene, Bureau of Developmental Disabilities	42-09 28th St., CN#20 Long Island City, NY 11101	T: 347-396-7192 W: https://www1.nyc.gov/site/doh/about/about-doh.page	Individuals with DD + their families	Information + referral.
New York Lawyers for the Public Interest (NYLPI)	151 W. 30th St. 11th Floor New York, NY 10001	Michelle Kraus or Paola Martinez Boone T: 212-244-4664 W: www.nylpi.org	Individuals with DD	Information + referral related to legal issues for people with DD, including special education. Intake hours: Mon, Wed, and Fridays 10:00am-5:00pm

Information + Referral (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Ohel Bais Ezra	4510 16th Ave. Brooklyn, NY 11204	T: 718-436-6124 W: www.ohelfamily.org	Individuals with DD and their families	Offers outreach + education to individuals + their families. Special focus on at risk school age children + their families and families in low-income communities. Can be individual, face-to-face outreach or in groups.
Parent-to-Parent of New York State	25 Beaver St. 4th Floor New York, NY 10004	Ellen McHugh T: 646-766-3460 or 800-405-8818 E: emchugh@ptopnys.org W: www.parenttoparentnys.org	Families and caregivers of individuals with special health care needs or developmental disabilities of any age	Connecting and Supporting Families with Special Needs. Family-to-Family Health Care Information Center. Family-to-Family links matching families, support, information, referral, and advocacy. Spanish spoken.
Sinergia	2082 Lexington Ave. 3rd Floor New York, NY 10035	Kirzis Lugo T: 212-643-2840 x336 E: klugo@sinergiany.org W: www.sinergiany.org	Individuals with DD + their families	Information + referral. Spanish spoken.
SKIP of NY	601 W 26th St. Suite 522 New York, NY 10001	T: 212-268-5999 x100 W: www.skipofny.org	Individuals with DD, especially children with complex health needs	Information + referral for individuals with complex health needs.
United Cerebral Palsy (UCP of NYC)	80 Maiden Lane New York, NY 10038	Deidre Davis, Project Connect Coordinator T: (877) 827-2666 E: projectconnect@ucpnyc.org	Persons with DD + their families	Intake for various UCP services/programs; information + referral to other agencies as needed.
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Individuals with DD and their families	Information + Referral Department provides referrals + links to diverse services + higher levels of care.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/link	People with DD and their families	YAI LINK provides information and referral services for the DD service system. Conducts workshops on how to navigate the DD service system for people with disabilities, parents, caregivers and service providers. English, Spanish and Mandarin spoken.

Parent/Sibling Support Groups

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 5th Floor New York, NY 10038	Annette Spallino, LCSW T: 212-780-2592 T: Referral + Information Center 212-780-4491/ 4493 E: annette.spallino@ahrcnyc.org or referrals@ahrcnyc.org W: www.ahrcnyc.org	Siblings of individuals with IDD	Support groups for children, teens and adult siblings. Fee: Medicaid or sliding scale. Weekend sibshops for children and teenagers.
ArchCare	1249 Fifth Ave. New York, NY 10029	T: Clinic Intake 212-360-3777 or 917-484-4565 T: Reception 212-360-3703/4 W: www.archcare.org	Parents, adult siblings + other caregivers of individuals with DD	Caregiver supportive group therapy offered in English and Spanish.
Brain Injury Association of New York State	10 Colvin Ave. Albany, NY 12206	Brain Injury Association of NYS T: 800-444-6443 E: info@bianys.org W: www.bianys.org	Individuals with traumatic brain injuries, their families + friends	Call for list of NYC area support groups.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Jesenia Diaz T: 718-206-3400 x213 W: www.communityres.org	Parents of children with DD and/or Autism, especially those of Caribbean background	Parent support groups.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro T: 212-677-8550 x 14 W: www.efmny.org	Families of individuals with epilepsy	Caregiver Support Groups.
GiGi's Playhouse	106 West 117th St. New York, NY 10026	Jasmin Serrer, Site Coordinator T: 646-801-7529 E: nyc@gigisplayhouse.org W: www.gigisplayhouse.org/newyork	Individuals with Down Syndrome+ their families	Family support and social groups for English and Spanish-speakers. Most programs open to siblings. All programs are free.

Parent/Sibling Support Groups (cont'd)

Agency	Address	Contact	Population Served	Description of Program
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Parents of individuals with DD and their siblings, ages 6-12	Parent workshops and education programs available. Programs for siblings also available. Fee charged.
Manhattan Mothers & Others	160 E. 65th St. Apt. 25D New York, NY 10065	Susan Williams T: 212-570-6860 F: 212-570-9946 W: manhattanmothers@aol.com	Individuals with DD + their families	Parent support
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Fl. New York, NY 10001	Annie Washington T: 718-728-8476 x1219 or 718-7AUTISM W: www.qsac.com	Parents of individuals with autism who are living at home	Parent support groups providing support + information. English and Spanish groups available.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org/autismsupport	Parents and caregivers of people with DD	Parent Support Group: A therapeutic support group for parents and caregivers of a person with a developmental disability.

Recreation Programs

Agency	Address	Contact	Population Served	Description of Program
14th Street Y	The KOL Program 344 East 14th St. New York, NY 10003	Blair Davis T: 646-395-4339 E: BDavis@14streety.org W: www.14streety.org	Children diagnosed with ASD, communication and language delays, ADD, ADHD, and other developmental disabilities who have a strong level of independence.	Saturday Program for individuals, ages 4-17. Super Soccer Stars, Capoeira, Music Works, Art, Creative Movement. Special Needs swim classes also offered through aquatics program. Fee charged. Limited scholarships available.
92nd St. Y	1395 Lexington Ave. New York, NY 10128	T: 212-415-5767 W: www.92y.org	Children with DD	Enrichment classes available in aquatics, gymnastics and Jewish culture.
92nd St. Y	1395 Lexington Ave. New York, NY 10128	Dana Gottfried T: 212-415-5414 W: www.92y.org	Children with DD	Jewish Education
Achilles International	42 W. 38th St. 4th floor New York, NY 10018	Karen Lewis T: 212-354-0300 x305 W: www.achillesinternational.org/chapters/national/nyc	Individuals with DD, ages 5-21, and their siblings	Free running/ walking/ "rolling" program that meets 2 - 4x/month on weekend mornings. Parent/ guardian must accompany child.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with ID, ages 21+, who are enrolled in the HCBS Medicaid Waiver	Adult Day Respite Sat.10:00am-3:00pm, Oct.-May. Creative arts, music + dance, recreational sports, seasonal events, community outings. Transportation provided. Spanish spoken. Wheelchair accessible.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with ID, ages 5+, who are enrolled in the HCBS Medicaid Waiver	Saturday Children's Respite- 10:00am-3:00pm, Oct.-May. Creative arts, music + dance, recreational sports, seasonal events, community outings. Transportation provided. Wheelchair accessible.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with ID, ages 5-16, who are enrolled in the HCBS Medicaid Waiver	Manhattan School Holiday Respite for 5 weeks a year when schools are on break. Creative arts, music + dance, recreational sports, community outings, seasonal events. Transportation provided. Wheelchair accessible.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with DD, ages 18-40, who can travel independently	Inclusive basketball program for individuals, ages 18 – 40, who are independent travelers. Operates at a site in Brooklyn easily accessible by public transport and open to participants from all boroughs. Sunday mornings, 10 a.m. – 12 p.m. Drills and games each weekend with peers with and without developmental disabilities. No waiver requirement.
ArchCare	1432 Fifth Avenue New York, NY 10035	Reception T: 646-289-7700 W: www.archcare.org	Participants of the Program of All-Inclusive Care for the Elderly (PACE Program). Ages 55 and up	Recreational activities, trips and shopping excursions
Asser Levy Recreation Center	392 Asser Levy Place at E. 23rd St (1 block west of FDR Drive) New York, NY 10010	T: 212-447-2020 W: www.nycgovparks.org/facilities/recreationcenters	Individuals with & without DD	Recreation Center: wheelchair accessible fitness rooms for ages 16+ and indoor heated pool. Admission: membership fee free for age 17 and under; \$75/6 months ages 25-61; \$25/year ages 18-24 and 62+.
Association for Metroarea Autistic Children (AMAC)	25 West 17th St. New York, NY 10011	Felicia Richgat T: 212-645-5005 x3305 W: www.amac.org	Individuals, ages 6-14, with autism or PDD. Ambulatory with self-care skills	Mon.-Fri. 2:30pm-4:30pm and Saturday 9:00am-3:00pm. Arts + Crafts, games, motor activities, etc. Transportation provided with fee.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Atlas Foundation for Autism	252 West 29th St. 3rd Floor New York, NY 10001	Amanda Friedman or Alison Berkley T: 212-256-0846 C: Amanda Friedman 914-494-9888 E: info@atlasforautism.org W: www.atlasforautism.org	Children with ASD, LD, ADD, OCD and other developmental disabilities	Free Program Alternating Saturdays and Open Art Sundays for families to connect at sensory gym and music room.
Children's Museum of the Arts	103 Charlton St. New York, NY 10014	Michelle Lopez T: 212-274-0986 E: mlopez@cmayn.org W: www.cmany.org	Families with children with disabilities	Inclusive Sundays (+ some Saturdays for children with ASD). For children <6, family class explores different art mediums as an intro to art fundamentals. For ages 7+, weekly drop-off class for children with physical disabilities, their siblings or friends. Monthly Media Lab for children with ASD, ages 7+. Art projects in Fine Arts + Media Arts. No fee. Free admission with preregistration for child with disability + 1 adult during public museum hours.
CO/LAB Theater Group	P.O. Box 727 New York, NY 10108	T: 347-989-4338 E: info@colabtheatergroup.com W: www.colabtheatergroup.com	Individuals with DD, all ages	Offers individuals with DD a creative + social outlet through theater arts. On-site classes, ages 14+, are a semester of about 10-15 classes culminating in a performance. No fee; small security deposit required. Off-site workshops. All ages, are partnerships with other organizations. Custom programming for your community (single workshop or long-term residency) for a fee.
Contemporary Guidance Services	52 Broadway 4th Fl. New York, NY 10004	Esther Piersaint T: 646-214-1315 E: mpiersaint@cgsnyc.org W: www.cgsnyc.org	Individuals with DD, ages 14-21, in school. Must be ambulatory and toilet trained	School holiday respite during 20 school holiday closure days including Winter and Spring Recess. No fee. Transportation provided.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Dancing Dreams	23-91 Bell Blvd. LL2C Bayside, NY 11360	Joann Ferrara T: 516-659-8704 E: joann@dancingdreams.org W: www.dancingdreams.org	Children, ages 3-18, with physical + medical impairments	Weekly classes for aspiring dancers at Museum of the City of NY (103rd St. & 5th Ave.) and in Queens. Dancers are paired w/ trained high school students. End of year performance. Suggested donation requested but no child turned away due to inability to pay.
Daniel's Music Foundation	1595 Lexington Ave. 2nd Floor New York, NY 10029	Carla Sullivan T: 212-289-8912 W: www.danielsmusic.org	Individuals with DD and/or physical disabilities, ages 3 to adult	Fee-based music programs, including Saturday Family + Friends: private music lessons, dance parties, + recreational group classes + birthday parties.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro T: 212-677-8550 x 14 W: www.efmny.org	Individuals, age 18+, ambulatory, with a primary diagnosis of epilepsy	Saturday afternoon socialization group with community outings from 1:00-4:00 pm. 2x/month. Transportation not provided.
Esperanza Center	516 West 181st St. New York, NY 10033	Elizabeth Lindao T: 212-928-5810 x120 E: elindao@esperanzacenter.com W: www.esperanzacenter.com	Individuals, age 18+, with DD, ambulatory, living in northern Manhattan	Wednesday evening recreation program: Wed. 3:30 -6:30 pm. Transportation provided. Spanish spoken.
Esperanza Center	516 West 181st St. New York, NY 10033	Elizabeth Lindao T: 212-928-5810 x120 E: elindao@esperanzacenter.com W: www.esperanzacenter.com	Individuals, age 18+, with DD, living in northern Manhattan	Saturday recreation program: 10-3pm. Transportation provided. Spanish spoken.
Esperanza Center	516 West 181st St. New York, NY 10033	Juan Carlos Espinal, Dennisse Pinargote T: 212-928-5810 x105, 126 E: jcespinal@esperanzacenter.com dpinargote@esperanzacenter.com W: www.esperanzacenter.com	Children and adults with DD, ages 5 and up	3-day weekend getaway program. Resort vacation for small groups, fully supervised. Spanish spoken. Transportation to and from resorts provided.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Extreme Kids & Crew	71 Sullivan St. Brooklyn, NY 11231 62-85 Forest Avenue Ridgewood, NY 11385	T: 347-410-6050 E: info@extremekidsandcrew.org W: www.extremekidsandcrew.org	Children of DD and their families. Ages range from 5-12 with no official age limit.	We offer children with disabilities and their families a community center to play and create. Our organization has two sensory gyms in Queens and Brooklyn where we offer arts and play based programming. All of our programming is free to low-cost.
Friendship Circle	121 West 19th St. New York, NY 10001	Dina Shanowitz T: 646-820-1066 E: dina@friendshipnyc.com W: www.friendshipnyc.com	Individuals, ages 5-18, with DD	1:1 buddies social experience. Programs are both 1:1 + in group form. Foster camaraderie, friendship + fun. No charge.
Friendship Circle	Sunday Circle 121 West 19th St. New York, NY 10001	Dina Shanowitz T: 646-820-1066 E: dina@friendshipnyc.com W: www.friendshipnyc.com	Children with DD, ages 5-18	First + third Sunday of each month. Teen volunteers work with individuals on music, movement and art activities. Specialties such as cooking, science + sports are added in. Sunday Circle fee of \$25/session.
Gateway Counseling Center (GCC)	4500 Furman Ave. Bronx, NY 10470	Mary Tejada, Intake Coordinator T: 718-325-5021 F: 718-504-4355 W: www.gccnyc.org	Individuals with DD, ages 19+, who live above 96th Street in Manhattan, living with family, independently, or in a supportive residence. Medicaid required	Supplemental Group Day Habilitation recreation program 365 days per year. Hours: Mon - Fri 3:15 - 8:30 pm. Sat, Sun 9:00am - 3:00pm. Activities include: tabletop games, computers, karaoke, drama, music, fully equipped gym, movies, video games, photography, and community activities. Serves individuals who are non-ambulatory. Door-to-door transportation
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu T: 718-261-6552 x2012 W: www.ghoinc.org	Individuals with DD, age 18+	Weekend respite recreation program. Conducted in Chinese. No fee. Transportation provided. Chinese & Korean spoken.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
GiGi's Playhouse	106 West 117th St New York, NY 10026	Jasmin Serrer, Site Coordinator T: 646-801-7529 E: nyc@gigisplayhouse.org W: www.gigisplayhouse.org/newyork	Individuals with Down Syndrome+ their families	Dance, literacy, visual arts, music, sports, as well as special events. All programs are free. Not a drop-off program. Caregiver is expected to remain with participant.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals, ages 5-19, with ASD	Highly structured class emphasizing critical social + day-to-day living skills. Fee charged.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals with DD, ages 5-14	Swim class. Fee charged.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Children with DD, including ASD	Sunday program. Classes include music therapy, art, Jewish culture with MATAN, sports, social skills, drama, fitness and art. Coffee & conversation for parents also available. Fee charged.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals, ages 16-21, with DD, including ASD, who have a high level of independence	Sunday recreation program emphasizing life skills + social skills. Fee charged.
Jewish Museum	1109 5th Ave. New York, NY 10128	Dara Cohen-Vasquez T: 212-423-3256 W: www.thejewishmuseum.org E: access@thejm.org	Individuals with DD or LD + their families	Via family workshops, individuals with DD or LD explore art + artifacts w/ family members or friends. Includes gallery activities + an art project. 4x/yr. Free.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Keoni Movement Arts	305 W. 38th St. New York, NY 10018	Paul Keoni Chun T: 212-643-9013 E: info@keonimovementarts.org W: www.keonimovementarts.org	Individuals with DD who have a mild to moderate level of independence	Movement classes in Yoga, Dance & Gymnastics. Fee charged. Financial assistance available.
Kids Enjoy Exercise Now (KEEN)	Recreation 54 348 E. 54th St. New York, NY 10022	T: 212-768-6785 E: info@keennewwork.org W: www.keennewyork.org	Individuals, ages 5-21, with DD and other disabilities	Sports program and arts & crafts program with 1:1 volunteers at Recreation 54. Also swim program at 92nd St. Y. All programs meet on select Saturdays. Free.
Lifespire	159 E. 125th St. 2nd Floor New York, NY 10035	Maria Murray T: 646-753-1355 E: mmurray@lifespire.org W: www.lifespire.org	Individuals, age 21+, with DD	Respite/recreation Tuesdays and Thursdays 3-6pm.
Matthew P. Sapolin Playground (Formerly Playground 90)	W. 70th St. between West End & Amsterdam Aves.	T: 311 W: www.nycgovparks.org/facilities/playgrounds to find an accessible playground near you	Individuals with and without physical disabilities	Wheelchair accessible playground.
Metropolitan Museum of Art	1000 5th Ave. New York, NY 10028	T: 212-650-2010 E: access@metmuseum.org W: www.metmuseum.org/events/programs/met-access	Individuals, ages 15-17 and ages 18+, with DD	Discoveries Program. Art workshops on scheduled Sundays year round. Workshops, for individuals + family members, consist of a thematic tour of Museum, followed by a related art project. Free. Reservations necessary. Other programs available for visitors w/ disabilities.
Museum of Modern Art	11 West 53rd St. New York, NY 10019	Access Programs Create Ability T: 212-408-6447 E: accessprograms@moma.org W: www.moma.org	Individuals with LD and DD	Different themes each month exploring various artworks in the galleries and creating artworks in the classroom. Morning program for individuals under age 18. Afternoon program for ages 18+. Free. Reservations are required.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Quality Services for the Autism Community (QSAC)	Sat. Rec. Program Hollis Campus 196-10 Woodhull Ave. Hollis, NY 11423	Johnny Nunez T: 718-728-8476 x1222 or 718-7AUTISM W: www.qsac.com	Individuals, ages 8-21, with autism	Saturday recreation from 11AM to 3PM in Queens. Transportation from Manhattan provided.
Recreation Center 54	348 E. 54th St. between 1st and 2nd Aves. New York, NY 10022	T: 212-754-4277 W: www.nycgovparks.org/facilities/recreationcenters/M130	Individuals with and without disabilities	Accessible recreation center with pool, fitness room. Hours: Mon.-Fri. 6:30 AM – 9:15 PM. Sat. 8:00 AM – 3:45 PM. Admission: \$75/6 months or \$150/year ages 25-61. Under 17 free. \$25/year ages 18-24, and 62+. 10% off when you use your NYC ID card
Safe Haven West Side Basketball League: Champions Division	P.S. 163 on West 97th St. between Columbus and Amsterdam Aves.	Ken McGrory T: 917-592-9665 E: kenneth.mcgrory@rabobank.com W: www.safehavenhoops.org	Individuals, children & adults, with DD	Basketball program designed to adapt to the needs of each participant. Individual attention. Older players/ volunteers are paired with champions as buddies. Games occur on Saturdays from December to March. Fee: \$160. Some full and partial scholarships available.
Sparkidz	45 E. 81st St. PS6 New York, NY 10028	Frank Fox T: 917-930-6446 W: www.sparkidz.org	Individuals, ages 6-21, with DD, including ASD	Full day Saturday social/ recreation program 10:30 am- 3:30 pm, Sept – June. Fees vary on a sliding scale.
Special Needs Activity Center for Kids (SNACK)	316 East 53rd St. New York, NY 10022	Liz Brady T: 212-439-9996 E: liz@snacknyc.com	Individuals with DD, ages 3-21 years	Snackactivities Program with art, music, yoga, movement & more: Thurs 3-6PM, Fri 4:30 - 8:30PM, Sat. + Sun. 11-1PM, Sun 1:15-3:15PM. Siblings welcome; Soccer: Sat 1PM, Sun 10AM. Sports: Sat 2-3:30 PM. Music Theater: Sat 1PM. Swim at St. Bart's offers 1:1 private swimming lessons Tues, Wed, Sat + Sun afternoons. Teen fitness: Mon 4:30-7:30pm. Fees vary. Open enrollment for all programs.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Special Olympics Inc.	211 East 43rd St. Suite 802 New York, NY 10017	T: 518-388-0790 x 2215 F: 212-661-4327 W: www.specialolympicsny.org	Individuals, ages 8+, with IDD	22 sports with divisions by gender, age, and ability level. Free
Sprout	270 W. 96th St. 2nd Floor New York, NY 10025	Wanitta Berry T: 212-222-9575 W: www.gosprout.org	Individuals, ages 16+ , with mild-moderate DD, ambulatory, non-deaf, non-blind, toilet trained	1 Day + evening trips in the community, weekdays + weekends, 15 times per month. Fee: \$0-\$25 each activity. No membership fee. No transportation provided.
Sprout	270 W. 96th St. 2nd Floor New York, NY 10025	Scott Randall T: 212-222-9575 W: www.gosprout.org	Individuals, ages 21+, with DD. Must be ambulatory and have a mild to moderate level of independence	Vacation Program. Weekend + weeklong trips to various destinations in the United States and Europe. Fees vary.
Sprout	270 W. 96th St. 2nd Floor New York, NY 10025	Scott Randall T: 212-222-9575 W: www.gosprout.org	Individuals, ages 14-21, with DD. Must be ambulatory and have a mild to moderate level of independence	Free School Holiday Vacation: 5 day trips to various destinations during NYC DOE school holidays 2x per year at no cost to the individual.
Sprout	270 W. 96th St. 2nd Floor New York, NY 10025	Wanitta Berry T: 212-222-9575 W: www.gosprout.org	Individuals, ages 22+, with DD. Must be ambulatory and have a mild to moderate level of independence	Free weekend trip program. Four weekends (Fri-Sun) available per year to various destinations. No fee.
Super Soccer Stars	606 Columbus Ave. New York, NY 10024	T: 212-877-7171 E: info@supersoccerstars.com W: www.supersoccerstars.com	Individuals, ages 4+, with DD	Shine Program: Soccer development program for people w/ DD using soccer to increase socialization, task completion, following directions in a fun environment. Fee charged. Scholarships available for eligible families.
United Cerebral Palsy (UCP of NYC)	251 West 154th St. New York, NY 10039	Carmen Orellana T: 646-625-5000 x5015 E: corellana@ucpnyc.org E: panzalone@ucpnyc.org	Individuals, ages 13-29, with DD including non-ambulatory	SPIRIT Sat. recreation program: 10:00am-3:00pm, 12 months except major holidays. Program includes creative activities, sports, cooking, social experiences and community activities. Transportation provided. Spanish spoken. Free.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
United Cerebral Palsy (UCP of NYC)	251 West 154th St, New York, NY 10039	Carmen Orellana T: 646-625-5000 x5015 E: corellana@ucpnyc.org E: panzalone@ucpnyc.org	Adults, age 18+, with DD	Club Disco meets 2x/month for a Friday evening social event and Disco. Light supper served. No transportation.
West Side Little League Challenger Division	Baseball fields at 77th St. in Riverside Park	Jim Karpe T: 516-655-2713 E: karpe.jim@gmail.com W: www.westsidebaseball.org	Individuals with DD, ages 5-21, citywide.	Little League baseball where rules are adjusted to fit the abilities of the players. Meets Sunday afternoons April-June. 3 Levels. Fee \$175, includes uniform, equipment, photos. Parents supply glove and sneakers. Full + partial scholarships available. Registration deadline: February 1st.
West Side Soccer League VIP Division	Central Park, North Meadow, just above 97th St. transverse	Jim Karpe T: 516-655-2713 E: karpe.jim@gmail.com W: www.wssl.org	Individuals with DD, ages 5 and up, no upper age limit, citywide	Soccer league for children with special needs who require extra help. Coached by parents and volunteers. Meets Sundays, Sept-Nov. Fee: \$175, includes uniform, equipment, photos. Parents supply sneakers. Full + partial scholarships available. Registration deadline: June 15th.
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Individuals with DD, ages 8 to adulthood	Inclusive weekend retreats, Torah study groups, Jewish holiday celebrations, summer tours, Israel trips, summer camps for children, summer social program for adults, relationship building
YAI	460 W. 34th St. New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD, ages 18+ years, who are able to travel independently	Leisure Connection: Socialization/Recreation program. Fee Charged.

Recreation Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
YAI	460 W. 34th St. New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People, ages 16+, with mild/borderline DD, with self-care skills	Manhattan Recreation Services (including supplemental day habilitation) Provides ongoing support to adults with a mild disability through recreational/cultural activities, discussion groups for increased self-awareness, and special weekend vacation and summer trips. Recreation activities on Friday evenings; Saturday mornings, afternoons and evenings. Limited transportation available. This program is open to NYC residents who are travel trained with mild/borderline ID/DD. Fee may be charged.
YAI	460 W. 34th St. New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yaiadventure.org	People, ages 18+, with LD or mild-moderate DD, with self-care skills	Leisure Trax: Offers adults with developmental and learning disabilities, vacation and travel opportunities, including weekend trips and extended vacations with domestic and international destinations. Fees vary.
YAI	460 W. 34th St. New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD, ages 6-18	Holiday Respite: Recreation programs for school-age children during school breaks. Limited transportation is offered.
YAI	460 W. 34th St. 11th Fl. New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People, ages 21+, with DD	You and I: A social skills training and recreation program allowing individuals to acquire social competencies and meet new people.
YM-YWHA of Washington Heights and Inwood	54 Nagle Ave. New York, NY 10040	Deena Spindler T: 212-569-6200 x265 E: dspindler@ywashhts.org W: www.ywashhts.org/youth/special-needs	Children, ages 5-12, with DD, including ASD; speech, language + communication disorders; other DDs + children needing small group settings + additional supports	Self-contained Sunday morning recreation program; sports + gym, arts + crafts, drama, yoga, storytelling, social skills, martial arts, music + movement. Fee charged. Partial scholarships available.

Reimbursement Program

Reimbursement programs pay for purchases or expenses related to the needs of individuals with developmental disabilities. Families may be reimbursed for the cost of goods or services that are not covered by current programs, entitlements, or insurance. You must apply to an agency and get approval for your purchase.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane New York, NY 10038	T: Francesca Nicosia Fund Michael Wright 917-715-8035 T: Referral & Information Center 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with IDD + their families	Reimbursement for goods + services not funded by other programs. Spanish + Russian spoken.
AHRC New York City	83 Maiden Lane New York, NY 10038	Michael Wright T: 917-715-8035 E: michael.wright@ahrcnyc.org W: www.ahrcnyc.org	Individuals with IDD	Reimbursement for psychological and psychosocial evaluations to access OPWDD services. Families complete application and once approved, can access tester or testing agency of their choice within stipulated guidelines.
Center for Family Support	333 Seventh Ave. 9 th Floor New York, NY 10001	Monica Morace T: 718-667-4263 x112 W: www.cfsny.org	Individuals with DD + their families	Up to \$500 reimbursement per individual for goods + services, including respite for persons with behavioral challenges.
Esperanza Center	516 West 181st St. New York, NY 10033	Rita Valdez T: 212-928-5810 x111 E: rvaldez@esperanzacenter.com W: www.esperanzacenter.com	Individuals with DD living north of 110th St. + their families	Reimbursement for short-term respite + goods. Spanish spoken.
Esperanza Center	516 West 181st St. New York, NY 10033	Kary Paulino T: 212-928-5810 x178 E: Kpaulino@esperanzacenter.com W: www.esperanzacenter.com	Individuals with DD + their families	Reimbursement for family transportation expenses related to the individual with DD. Some restrictions apply. Spanish spoken.
General Human Outreach in the Community (GHO)	125-10 Queens Blvd. #2705 Kew Gardens, NY 11415	Pat Liu T: 718-261-6552 x2012 W: www.ghoinc.org	Individuals with DD + their families	Reimbursement for goods, services + short-term respite. Chinese and Korean spoken.
Harlem Dowling-Westside Center for Children and Family Services	2090 Adam Clayton Powell Blvd. 1st Fl., Suite 108 New York, NY 10027	T: 212-749-3656 x 321 W: www.harlemdowling.org	Children, ages 21 and under, with DD + their families residing in Manhattan	Reimbursement for respite, goods + services.

Reimbursement Program (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Lifespire	1 Whitehall St. New York, NY 10004	Anna Brown T: 212-741-0100 x4518 E: abrown@lifespire.org W: www.lifespire.org	Individuals with DD + their families	Reimbursement for goods + services. Spanish spoken.
NYS Institute on Disability	25 Beaver St. Rm 408A New York, NY 10004	Jackie Rumolo T: 718-494-6457	Individuals with DD + their families	Reimbursement only for camp tuition.
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Fl. New York, NY 10001	Annie Washington T: 718-728-8476 x1219 or 718-7AUTISM W: www.qsac.com	Individuals with autism who are OPWDD eligible	Reimbursement for goods + services. Special fund for camp reimbursement.
SCO Family of Services	164 3rd Ave. 3rd Fl. Brentwood, NY 11717	Peggy Ann Telesca T: 631-273-2773 x203 E: patelesca@sco.org W: www.sco.org	Individuals with DD living with their families in Manhattan	Reimbursement, specifically for camp tuition + transportation during the summer months. Fiscal year begins July 1st.
United Cerebral Palsy (UCP of NYC)	110 Elmwood Ave. New York, NY 10010	Danielle Raymond T: 718-859-5420 x 244	Persons with DD who live at home with their families	Reimbursement for goods + services. Up to \$500 per 12 month cycle per family. Additional funds available for durable medical equipment if denied by Medicaid (Manhattan Residents Only).
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD and their families	Family Reimbursement: Reimbursement for goods + services.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD and their families	Emergency Respite Fund: Funds available to reimburse for temporary caregiving for persons with DD during extreme family emergencies such as hospitalization of the parent. Funds can be used for staffing and other necessities related to the emergency.

Religious Programs

Agency	Address	Contact	Population Served	Description of Program
92nd St. Y	1395 Lexington Ave. New York, NY 10128	Dana Gottfried T: 212-415-5414 W: www.92y.org	Children with DD	Jewish Education
Congregation B'nai Jeshurun	257 West 88th St. New York, NY 10024	Billie Di Stefano T: 212-787-7600 x264 E: bdistefano@bj.org W: www.bj.org	Jewish individuals with DD + their families	Special needs Havdalah (end of Shabbat) service for children + adults with DD + their families. Join B'nai Jeshurun's spiritual leaders + musicians for an interactive, warm, sensory-friendly Havdalah service. Wheelchair accessible.
Congregation Rodeph Sholom	7 West 83rd St. New York, NY 10024	Special Needs at Congregation Rodeph Sholom T: 646-454-3124 W: www.rodephsholom.org/pray/special-needs	Jewish individuals with DD + their families	Special needs worship services for Rosh Hashanah, Chanukah, Purim, + Passover. An opportunity for families w/ children w/ DD of all ages to worship together in a warm, inviting musical interactive + sensitive environment. Wheelchair accessible. Sign language interpretation + snacks provided.
Friendship Circle	121 West 19th St. New York, NY 10001	Dina Shanowitz T: 646-820-1066 E: dina@friendshipnyc.com W: www.friendshipnyc.com	Jewish children, ages 5-18, with DD	1:1 buddies social experience. Programs are both 1:1 + in group form. Foster camaraderie, friendship + fun. No charge.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals with DD, ages 5-13	Children with DD learn about Jewish Culture with MATAN. Family holiday celebrations. Bar/ Bat Mitzvah training program. Fees vary.

Religious Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Special Needs Activity Center for Kids (SNACK)	316 East 53rd St. New York, NY 10022	Katie Coombs T: 212-439-9996 E: info@snacknyc.com W: www.snacknyc.com	Individuals with ASD and/or challenging behaviors and their families	Special Needs Masses for families with loved ones on the autism spectrum. Masses are held every first and third Sunday of the month yearly from September to June at The Church of the Blessed Sacrament: 152 West 71st Street. Mass is celebrated at 4pm. All family members are invited.
Stephen Wise Free Synagogue (SWFS)	Kulanu Program 30 W. 68th St. New York, NY 10023	T: 212-877-4050 x230 E: religiousschool@swfs.org W: www.swfs.org	Children with ASD, ages 13-17	Monthly inclusive Shabbat dinner + learning and other holiday-related events. Fee charged. Flexibility for payment plan.
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Individuals, ages 8-adulthood, with DD	Sun. in the NY/Metro area; weekend religious retreats; evening religious study; evening programs. Membership fee plus small fee per program or sliding scale. Integrated programs.

Residential Services

While residential services are not technically “family support” services, we wanted families and professionals to have an easily accessible list of residential providers in Manhattan.

AGENCY	CONTACT
AHRC New York City	T: Referral + Information Center 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org
Catholic Guardian Services	T: 917-886-0760 W: www.catholicguardian.org
Center for Family Support	Ebony Dickerson T: 718-518-1500 x343 W: www.cfsny.org
Cerebral Palsy Associations of New York State	T: 212-947-5770 x221 E: pfetz-scimeca@cpofnys.org W: www.cpofnys.org/Home.aspx
Community Options NY	T: 212-227-9110 x416 Angela Carotenuto-Rosen 212-227-9110 x 401 or Regina Taylor-Tuck 212-227-9110 x 411 W: www.comop.org
Community Resource Center for the Developmentally Disabled Inc.	T: 718-292-1705 x3429 E. Ann Maccarone, Social Services Director ext. 3429 or Anna Martinez, Operations Director ext. 3428 W: www.crcdd.org
East Harlem Council for Community Improvement (EHCCI)	T: 212-410-7707 x5245
Esperanza Center	Theresa Black T: 212-928-5810 x129 E: tblack@esperanzacenter.com W: www.esperanzacenter.com
Human First	T: 347-832-0035 E: leusse-roche@humanfirst.org W: www.humanfirst.org
Independent Living Association	Patricia Perkins T: 718-852-2000 x1124
Institute for Community Living	Sarah Abramson T: 212-385-3030 x16002 W: www.iclinc.net
Job Path	T: 212-944-0564 W: www.jobpathnyc.org

Residential Services (cont'd)

AGENCY	CONTACT
Life Adjustment Center	Angela Waldron T: 212-938-1223 x112 W: www.lifeadjustmentcenter.com
LIFESPIRE	T: 212-741-0100 x4668 E: awashington@lifespire.org W: www.lifespire.org
NY Foundling	Information and Referral T: 212-886-4020 E: I&R@nyfoundling.org W: www.nyfoundling.org
Ohel Bais Ezra	T: 1-800-603-OHEL W: www.ohelfamily.org
Program Development Services (PDS)	T: 718-256-2212 E: mpyle@4pds.org W: www.4pds.org
Promoting Specialized Care & Health, Inc. (PSCH)	T: 347-542-5842 W: www.psch.org
Sheltering Arms	T: 212-886-5739 W: www.shelteringarmsny.org
Sinergia	T: 212-643-2840 W: www.sinergiany.org
Special Citizens Futures Unlimited	T: 646-556-5905 E: xian.edwars@specialcitizens.org W: www.specialcitizens.org
United Cerebral Palsy (UCP of NYC)	Florence Ricco T: 212-683-6700
YAI	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org

Respite: Emergency

Emergency respite is temporary care of an individual with developmental disabilities provided on an emergency basis due to a family situation of extreme urgency, such as the hospitalization of a family member. Emergency respite may be provided in the home, at a family care home, or at a respite center.

Agency	Address	Contact	Population Served	Description of Program
ArchCare	1432 Fifth Avenue, New York, NY 10035	Reception T: 646-289-7700 W: www.archcare.org	Participants of the Program of All-Inclusive Care for the Elderly (PACE Program). Ages 55 and up	In home relief is provided by trained staff. Out of home respite is provided at a nursing home within the network.
Camp Oakhurst/NYSH	111 Monmouth Rd. Oakhurst, NJ 07755	Charles Sutherland T: 732-531-0215 or 804-467-9319 W: www.nysh.org	Individuals, ages 7-adult, with physical and/or developmental disabilities, including autism	Emergency out-of-home overnight respite at Camp Oakhurst. Available Sept-June (i.e. due to illness, hospitalization or death of a caregiver, housing transitions). Length of stay flexible. Eligibility based on medical needs, available staffing, OPWDD eligibility.
New York Foundling Crisis Nursery	590 Ave. of the Americas 8th Floor New York, NY 10011	T: 212-886-4000 T: Parent Helpline 212-472-8555 T: 24 hours hotline 888-HELP553 W: www.nyfoundling.org/crisis-nursery-helpline	Parents of children, ages 0-10, up to 12 if accompanied by younger sibling. No severe disabilities or serious behavioral issues	Crisis Intervention center-based respite for children of parents and families in crisis. Spanish spoken. No fee.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Claudia Vidal T: 212-643-2840 x351 E: cvidal@sinergiany.org W: www.sinergiany.org	Individuals with DD + their families	Overnight respite. Wheelchair accessible. Spanish spoken.
United Cerebral Palsy (UCP of NYC)	1822 Stillwell Ave. Bronx, NY 10469	Sita Boodram T: 718-652-9790 x294	Waiver eligible persons with DD. Ages 3 and up, including non-ambulatory + severely + profoundly ID.	Overnight respite up to 30 days/year. Can only stay up to 2 weeks at a time (14 days in emergency situations). Transportation provided for Manhattan, Brooklyn, Queens & Staten Island. Wheelchair accessible.

Respite: Emergency (cont'd)

Agency	Address	Contact	Population Served	Description of Program
YAI	460 W. 34th St. 11th Floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD and their families	Emergency Respite Fund: Funds available to reimburse for temporary caregiving for persons with DD during extreme family emergencies such as hospitalization of the parent. Funds can be used for staffing and other necessities related to the emergency.
YAI	319 W. 16th St. 3rd Floor New York, NY 10011	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People, ages 4+, with DD who are ambulatory	Out of home overnight respite during extreme family emergencies such as hospitalization of parent. Available when respite house is open for services. Persons must be already deemed eligible by OPWDD services.

Respite: In-Home

In-home respite is temporary care of an individual with developmental disabilities, provided in the home by a trained respite worker. Respite is scheduled in advance; sessions vary in length according to respite agency.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 7th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with DD	Trained staff provides respite services in family's home. Hours + frequency vary according to the needs of the family + agency hours available. Expected to serve emergency and overnight. Spanish + Russian spoken.
ArchCare	1432 Fifth Avenue New York, NY 10035	Reception T: 646-289-7700 W: www.archcare.org	Participants of the Program of All-Inclusive Care for the Elderly (PACE Program). Ages 55 and up	In home relief is provided by trained staff.
Center for Family Support	333 Seventh Ave. 9th Floor New York, NY 10001	Laura Sanchez T: 718-518-1500 x 354 W: www.cfsny.org	Individuals with DD	In-home, short-term, relief provided to families.
Center for Family Support	333 Seventh Ave. 9th Floor New York, NY 10001	Laura Sanchez T: 718-518-1500 x 354 W: www.cfsny.org	Individuals with DD who have behavioral issues	In-home relief for parents who have children with challenging behaviors.
Community Assistance Resources and Extended Services (CARES)	465 Grand St. 2nd Fl. New York, NY 10002	Taryn Roistacher T: 212-420-1970 x121	Individuals with DD	In-home Respite. Most Chinese dialects + Spanish spoken.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Jesenia Diaz T: 718-206-3400 x213 W: www.communityres.org	Individuals with DD, all ages	Respite services, 16 hours a month.
Community Resources & Services for Children (CRSC)	90-04 161 Street Suite 401 Jamaica, NY 11432	Jesenia Diaz T: 718-206-3400 x213 W: www.communityres.org	Individuals with autism/challenging behaviors	Respite services, 8 hours per week.

Respite: In-Home (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Esperanza Center	516 West 181st St. New York, NY 10033	Dennisse Pinargote, Any Tavaréz T: 212-928-5810 x126, 177 E: dpinargote@esperanzacenter.com , atavarez@esperanzacenter.com W: www.esperanzacenter.com	Individuals with DD, living in northern Manhattan	Trained staff provides respite services in the family's home. Frequency varies according to need. Spanish spoken.
Mercy Drive	3924 East Tremont Ave. Bronx, NY 10465	T: 718-794-9371/ 718-794-9367/ 347-569-7812 E: a.davide@mercydriveinc.org / c.rivera@mercydriveinc.org / p.winchester@mercydriveinc.org / m.bradley@mercydriveinc.org W: www.mercydriveinc.org	Individuals with DD, age 3+. Medicaid eligible	In-home respite. Accepting family referred DSP's. Has to have gone through Front Door and have units provided by them. Respite hours limited to what Front Door has authorized.
Quality Services for the Autism Community (QSAC)	253 W. 35th St. 16th Fl. New York, NY 10001	Johnny Nunez T: 718-728-8476 x1222 or 718-7AUTISM W: www.qsac.com	All individuals with an autism spectrum disorder	In-home respite, 4 hours, once per week.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Claudia Vidal T: 212-643-2840 x351 E: cvidal@sinergiany.org W: www.sinergiany.org	Individuals with DD + their families	In-home relief for parents. Spanish spoken.
SKIP of NY	601 W. 26th St. Suite 522 New York, NY 10001	T: 212-268-5999 x100 W: www.skipofny.org	Children with DD	In-home respite via the HCBS Waiver.
United Cerebral Palsy (UCP of NYC)	110 Elmwood Ave. Brooklyn, NY 11230	Nicole Pagano T: 718-859-5420 x255	Individuals with ID/DD Individuals must live at home with family.	Temporary relief to caregivers of adult and children with disabilities. In-Home Respite is a HCBS Waiver program.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD, except medically fragile. Can serve people who are non-ambulatory	Trained staff are matched with families to provide scheduled care for their family member in the home. Unable to administer medication or perform medical tasks. English and Spanish spoken.

Respite: Overnight/Extended Stay

Overnight or extended stay respite is temporary care of an individual with developmental disabilities, provided at a respite center or a family care home, by trained respite workers. Respite is scheduled in advance for one night or more, according to the family's needs and the respite agency's policies.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with DD, age 4+, ambulatory, with no severe medical/behavioral problems	Out-of-home respite provided at a respite apartment, opened year-round, 24-hr. supervision. Up to 14 nights per month (42 nights total per year).
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with mild ID, ages 16+, who travel independently, self-medicate and are enrolled in the HCBS waiver	Hotel respite: 10 weekends/yr, Fri. pm-Sun. pm, Sept.-May. Groups of 5-6 individuals travel upstate to a hotel and participate in community activities, dining out+ socialization, accompanied by 2 staff. Free.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals with ID, ages 5-16, who are enrolled in the HCBS Waiver	Mini Camp operates Oct-May, weekend away to upstate camp location to participate in seasonal activities, arts & crafts, sports, music, dance + community outings. Wheelchair accessible.
ArchCare	1432 Fifth Avenue, New York, NY 10035	T: Reception 646-289-7700 W: www.archcare.org	Participants of the Program of All-Inclusive Care for the Elderly (PACE Program). Ages 55 and up	In home relief is provided by trained staff. Out of home respite is provided at a nursing home within the network.
Camp Oakhurst/NYSH	111 Monmouth Rd. Oakhurst, NJ 07755	Charles Sutherland or Donna Albanese T: 732-531-0215 W: www.nysh.org	Individuals, ages 7-adult, with physical or developmental disabilities and/or diagnosed with autism	Scheduled overnight respite at Camp Oakhurst, for 2-12 days, 24-hr. supervision. Seasonal activities. Transportation (wheelchair accessible) provided. Spanish spoken.
Catholic Guardian Services	107 Payson Ave. New York, NY 10034	Bernadette Small T: 917-608-3073 W: www.catholicguardian.org	Individuals, ages 5+, with DD, ambulatory, may have limited medical + behavior problems	Weekend respite, Fri. pm-Sun. pm at respite apartment. 24-hr. supervision. Also open 2 months in the Summer 24 hours/day, 7 days/week and all school holidays. Community activities.

Respite: Overnight/Extended Stay (cont'd)

Agency	Address	Contact	Population Served	Description of Program
NY Foundling	Rockland	Information and Referral T: 212-886-4020 E: I&R@nyfoundling.org W: www.nyfoundling.org	Individuals with DD who are OPWDD eligible. Medicaid required.	Our respite program provides caregivers a brief rest from caring for their family members, offering support to those wishing to keep their loved one at home.
Sinergia	2082 Lexington Ave. 3 rd Floor New York, NY 10035	Claudia Vidal T: 212-643-2840 x351 E: cvidal@sinergiany.org W: www.sinergiany.org	Individuals with DD + their families	Overnight weekend/weekday respite. Wheelchair accessible. Spanish spoken.
St. Mary's Healthcare System for Children	29-01 216th St. Bayside, NY 11360	T: 718-281-8773 or 718-281-8705 W: www.stmaryskids.org	Individuals with DD, ages 0-18, who have Medicaid	Overnight respite up to 42 days per year in a hospital setting in Bayside, Queens. One stay, no longer than 30 days.
United Cerebral Palsy (UCP of NYC)	1822 Stillwell Ave. Bronx, NY 10469	Sita Boodram T: 718-652-9790 x294	Waiver eligible persons with DD. Ages 3 and up, including non-ambulatory + severely + profoundly ID.	Overnight respite up to 30 days/year. Can only stay up to 2 weeks at a time (14 days in emergency situations). Transportation provided for Manhattan, Brooklyn, Queens & Staten Island. Wheelchair accessible.
Visions Services for the Blind and Visually Impaired	500 Greenwich St. 3rd Floor New York, NY 10013	Carmen Thorne T: 212-625-1616 x107 W: www.visionsvcb.org	Children with visual impairments + DD up to age 21, including non-ambulatory. Children must attend with parent/legal guardian. Siblings are welcome	Weekend getaways + summer sessions at Visions VCB, a residential rehabilitation + training center in Spring Valley, NY. Many activities adapted with sound + tactile markings, guide rails on paths, etc. Boating, swimming, adapted computers, music, vision rehab training, etc. Round trip transportation provided from 23rd St. in Manhattan. Free service.
Yachad -The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Jewish individuals, ages 8-adulthood with DD	Monthly weekend (Shabbat) retreats in local host synagogue communities - mainstreamed with host youth. Fri. afternoon -Sat. night. Weekend Family Retreats.
YAI	319 W. 16th St. 3rd Floor New York, NY 10011	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People 4+, with DD who are ambulatory	24-hour supervision from Friday afternoon until Monday morning in a lovely Chelsea townhouse. Services are also available for certain week long stays, school vacations, and in emergency situations.

Services for Individuals Who Are Physically Disabled, Medically Fragile, Or Chronically Ill

Agency	Address	Contact	Population Served	Description of Program
Adaptive Design Association	313 W. 36th St. New York, NY 10018	Alex Truesdell, Executive Director T: 212-904-1200 E: info@adaptivedesign.org W: www.adaptivedesign.org Facebook: @Adaptivedesign	Individuals with IDD, all ages	Customized adaptive equipment, furniture modifications, and assistive devices. Hands-on classes for parents, professionals + wider community.
Camp Oakhurst/NYSH	111 Monmouth Rd. Oakhurst, NJ 07755	Charles Sutherland or Donna Albanese T: 732-531-0215 W: www.nysh.org	Individuals, ages 7-adult, with physical and or developmental disabilities, including autism	Scheduled overnight respite at Camp Oakhurst, for 2-12 days, 24-hr. supervision. Seasonal activities. Transportation (wheelchair accessible) provided. Spanish spoken. Emergency respite placements also available with no limits on # of days, from Sept to June.
Extended Home Care	360 West 31st St. Suite 304 New York, NY 10001	Nelly Khaimova RN, Director of Intake Dept. T: 212-356-4200 x 3366 F: 646-349-2794 E: www.extendedhc.net	Individuals, ages 2+, with DD and neurological impairments	Skilled home care including nursing, PT, OT, speech + social work. Also, home health aides. Medicaid and other insurance accepted. Staff speak a variety of languages.
Harlem Independent Living Center	289 St. Nicholas Ave. Suite 21, Lower Level New York, NY 10027	T: 212-222-7122 TTY: 646-755-3092 W: www.hilc.org	Persons with disabilities living or working in NYC	Information and referral. Assistance with obtaining benefits. Housing assistance, assistive device training, and assistance with architectural barrier removal. Spanish spoken.
Hudson In Home Physical Therapy	1 Blackstone Place Bronx, NY 10471	Susie Loberfeld T: 347-947-3132 W: www.hudsoninhomept.com	Adults with DD	Outpatient physical therapy at home.
Metro Developmental Disabilities Regional Office (DDRO)	25 Beaver St. New York, NY 10004	Mildred Prosper T: 646-766-3432 W: www.opwdd.ny.gov/opwdd_contacts/ddro	Individuals, under age 18, with DD + complex health care needs + their families	Care at Home Waiver Program. Eligible persons receive all regular Medicaid services + case management, respite care, medical social services, nutrition counseling, respiratory therapy, home adaptation, assistive technology, parent support groups. Spanish spoken.

Services for Individuals Who Are Physically Disabled, Medically Fragile, Or Chronically Ill (cont'd)

Agency	Address	Contact	Population Served	Description of Program
SKIP of NY	601 W. 26th St. Suite 522 New York, NY 10001	T: 212-268-5999 x100 W: www.skipofny.org	Medically fragile children, individuals with DD, especially children with complex health needs	Information and referral, case management, advocacy.
St. Mary's Healthcare System for Children	29-01 216th St. Bayside, NY 11360	Central Intake T: 800-270-2478 or 718-281-8800 W: www.stmaryskids.org	Children with DD, ages 0-18, with Medicaid or private insurance	Subacute rehabilitation following medical procedures, new diagnosis, or exacerbating medical condition; medical compliance education; Care at Home Medicaid Waiver programs; Certified Home Care; Early Childhood Services; After school + weekend programs.

Socialization Opportunities for Individuals with a High Level Of Independence

These programs are for individuals who have developmental disability diagnoses such as Asperger's Syndrome, Learning Disabilities, and Tourette Syndrome, but don't necessarily meet OPWDD eligibility due to their level of independence.

Agency	Address	Contact	Population Served	Description of Program
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals, ages 18+, with ID who travel independently	Sunday Trips, including cultural events, dining out, sporting events, theater. Fees charged. Super Saturday: October – June, various activities, including DJ lessons, Dance, Yoga, Music, Drama in one location. Free. Bowling: October – May, group meets weekly. Cost of bowling + shoe rental. Basketball Club: Group meets weekly for practice, drills and inter-group competitions. Free.
AHRC New York City	83 Maiden Lane 9th Floor New York, NY 10038	Referral + Information Center T: 212-780-4491/4493 E: referrals@ahrcnyc.org W: www.ahrcnyc.org	Individuals, ages 13+, with ID who travel independently	City Teens: Group meets weekly in one central location and travels on public transportation to events within NYC, including sports games, theater, dining out and cultural events. Free.
Child Study Center at NYU	1 Park Avenue 7 th Floor New York, NY 10016	T: 646-754-5284 E: csc.sociallearning@nyumc.org W: http://nyulangone.org/locations/child-study-center	Individuals with autism, ages 5 years to adulthood	Group programs for individuals with ASD. Concurrent groups for the individual with ASD + their parent/caregiver provide evidence-based social skills intervention for individuals who are motivated to learn skills to make and keep friends. Fees charged. Fee reductions and scholarships available.
Epilepsy Foundation of Metropolitan New York	65 Broadway Suite 505 New York, NY 10006	Miriam Castro T: 212-677-8550 x 14 W: www.efmny.org	Individuals with epilepsy, ages 18+, who can travel independently	NY Weekends Recreation Program. Activities in all 5 boroughs.
Global & Regional Asperger Syndrome Partnership (GRASP)	419 Lafayette St. New York, NY 10003	T: 888-474-7277 E: info@grasp.org W: www.grasp.org	Teens and adults with Asperger Syndrome or ASD, their family members, caregivers, clinicians, professionals	Monthly support group in Manhattan for Women with ASD, contact us at info@grasp.org for date/time/location. Workshops available for all individuals with ASD, contact us for more information. Preregistration required. Also, online discussion groups in English and Spanish for teens, adults, family members, clinicians.

Socialization Opportunities for Individuals with a High Level of Independence (cont'd)

Agency	Address	Contact	Population Served	Description of Program
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals, ages 16-21, with DD, including ASD, who have a high level of independence	Sunday recreation program emphasizing life skills + social skills. Fee charged.
JCC Manhattan	Adaptations 334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals in their 20s + 30's with DD or LD who have a high level of independence	Individuals socialize, learn, grow + deepen connections to one another + the community. Offers social + recreational activities. Fee charged.
JCC Manhattan	Connections 334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals with DD who are in their 20's and 30's who are not attending college. Must be able to travel independently	Community social + recreation program integrating independent + daily living skills. Designed to complement vocational + volunteer experiences. Fee charged.
JCC Manhattan	40+ Group 334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals with DD or LD in their 40's and 50's who have a high level of independence	Social activities, outings, support, and resources. Fee charged.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10001	Myrna Zinn T: 718-548-1933 W: www.matchkonnection.com	Individuals with ASD who have a high level of independence	Match Konnection. Teach appropriate social skills in a group setting. Transportation included.
L.E.A.D.D.	Mailing address: 2920 Ave. R Box 179 Brooklyn, NY 11229	Arnie Idelson T & Fax: 718-627-1981 E: info@leaddclub.com W: www.leaddclub.com for downloadable application and information	Individuals, ages 18+, w/ DD or LD who can travel independently on public transportation	Manhattan therapeutic recreation + socialization program. Meetings are Thurs. evenings from 6-8pm + 1 Saturday afternoon/month. \$60 monthly fee.
Ramapo for Children	PO Box 266 Rhinebeck, NY 12572	Jen Buri da Cunha T: 845-876-8406 W: www.ramapoforchildren.org	Individuals with IDD, ages 18-25	Programs focused on building healthy relationships, learning essential life skills, and practicing job-related competencies. Fee charged.

Socialization Opportunities for Individuals with a High Level of Independence (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	Michelle Gorenstein-Holtzman T: 212-241-9193 W: www.icahn.mssm.edu/research/centers/seaver-autism-center	School age children with autism spectrum disorder. Must be verbally fluent	Social skills groups for individuals with ASD. Fee charged.
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	W: www.spectrumservicesnyc.com	Individuals with Asperger's syndrome or other ASDs	Fee for service specialized social skills development. Free adult support group.
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Jewish individuals DD	A plethora of support groups focusing on social skills, transition into work force, and building new relationships.
YAI	320 W. 13th St 2nd floor New York, NY 10014	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD, ages 18+, who are able to travel independently	Leisure Connection: Socialization/Recreation program. Fee Charged.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: hfm@yai.org W: www.yai.org/hfm	People with mild DD, ages 21+, with a high level of independence and who are able to travel independently	Hankering For More (HFM): HFM's primary goal is to help members spark social connections with peers that allow them to create and maintain their own social network without staff support and outside of formal HFM events.

Specialty Skills Training

Training programs that teach individuals with developmental disabilities specific skills to encourage independence, e.g., travel training, toilet training, socialization skills, and independent living skills.

Agency	Address	Contact	Population Served	Description of Program
Innovative Piano	106 West Circle Ave. Salisbury, MD 21801	T: 800-997-7093 W: www.innovativepiano.com	Individuals w/ DD of all ages	In home piano lessons and studio lessons if available. Piano lesson materials for individuals with DD. Combine ABA + classical piano techniques. Fee charged. Available nationwide.
JCC Manhattan	Adaptations 334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Individuals in their 20's + 30's with DD or LD	Individuals socialize, learn, grow + deepen connections to one another + the community. Offers social + recreational activities. Fee charged.
NYU Nordoff-Robbins Center for Music Therapy	82 Washington Sq. East 4th Floor New York, NY 10003	Jacqueline Birnbaum T: 212-998-5151 W: www.steinhardt.nyu.edu/music/nordoff	Individuals with DD	Individual + group music therapy to address goals in the areas of communication, social interaction, language, physical, cognitive, and emotional development. Mon.-Fri. 9am-6pm; Sat. 9am-5pm. Fee: sliding scale.
Ramapo for Children	P.O. Box 266 Rhinebeck, NY 12572	Jen Buri da Cunha T: 845-876-8406 W: www.ramapoforchildren.org	Individuals with DD, ages 18-25	Program specially designed for participants who can benefit from an inclusive group living experience focused on building healthy relationships, learning essential life skills, and practicing job-related competencies. Rolling admissions. Fee charged.
Seaver Autism Center for Research and Treatment	Mount Sinai Medical Center 1 Gustave L. Levy Place Box 1230 New York, NY 10029	Michelle Gorenstein-Holtzman T: 212-241-9193 W: www.icahn.mssm.edu/research/centers/seaver-autism-center	School age children with autism spectrum disorder. Must be verbally fluent	Social skills groups for individuals with ASD. Fee charged.

Specialty Skills Training (cont'd)

Agency	Address	Contact	Population Served	Description of Program
Spectrum Services	303 5th Ave. Suite 1003 New York, NY 10016	W: www.spectrumservicesnyc.com	Individuals of all ages with autism spectrum disorders	Adaptive skill development, life coaching, social cognition work. Fee charged.
Tech Kids Unlimited	NYU's Media + Games Network 2 Metrotech Center 8th Fl. Attn: Eric Maiello Brooklyn, NY 11201	Beth Rosenberg T: 917-334-7880 E: beth@techkidsunlimited.org W: www.techkidsunlimited.org W: www.Facebook.com/TechKidsUnlimited or www.Twitter.com/TechKidsU	Individuals with DD, ages 8-18	Tech workshops and Saturday night social
Yachad - The National Jewish Council for Disabilities	11 Broadway 13th Floor New York, NY 10004	Amanda Levy, LCSW T: 212-613-8172 W: www.njcd.org	Jewish individuals with DD, ages 18+	A plethora of relationship building courses held in multiple locations. Individual social skills counseling also available.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 W: www.yai.org/ilp	People, ages 18+, with mild ID and who are able to travel independently	Independent Living Program (ILP): Comprehensive training (26 week course) to prepare adults with a mild disability to live as independently as possible.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	Caregivers of people with DD	Project Intervene is a short term in-home training program, focusing on behavior management, parent- child interactions, and skills acquisition. Toilet training groups also available. Also, see Project Grow in Family Training. English and Spanish spoken.
YAI	460 W. 34th St. 11th floor New York, NY 10001	T: YAI LINK 212-273-6182 E: link@yai.org W: www.yai.org	People with DD, ages 17+	You and I: A social skills training and recreation program allowing people to acquire social competencies and meet new people.

See also under Behavior Management and Community Habilitation for additional skills training programs.

Technology Related Programs

Programs that assist an individual to identify, acquire, and learn to use appropriate technology (high or low tech) to improve communication or independence.

Agency	Address	Contact	Population Served	Description of Program
Adaptive Design Association	313 W. 36th St. New York, NY 10018	Alex Truesdell, Executive Director T: 212-904-1200 E: info@adaptivedesign.org W: www.adaptivedesign.org Facebook: @Adaptivedesign	Individuals with IDD, all ages	Custom-fabricated low tech assistive devices. Tactile communication systems.
ArchCare	1432 Fifth Ave. New York, NY 10035	T: Reception 646-289-7700 W: www.archcare.org	Individuals with diagnosed or suspected DD	Assistive technology evaluations + assessments for speech/language deficits related to DD.
At Home Technologies	P.O. Box 1777 New York, NY 10156	Meghan O'Sullivan T: 917-460-3011 E: tech4dd@gmail.com W: www.seniorslivingindependent.com	Individuals who can live independently but need support with ADLs such as medication, cooking, wandering, being monitored	Consultation + assistance with maximizing technology to support a person's needs. Options available include: medication dispensers that report missed doses; watches + other devices that provide location of an individual; wireless monitoring technology to improve independence while providing support. Free phone consultation. Fee charged for home visits.
JCC Manhattan	334 Amsterdam Ave. New York, NY 10023	T: 646-505-4444 E: info@jccmanhattan.org W: www.jccmanhattan.org/specialneeds	Children with DD	Hands-on demonstrations, consultations + opportunities to try new assistive technology software + hardware.
Tech Kids Unlimited	NYU's Media + Games Network, Attn.: Eric Maiello 2 Metrotech Center 8th Fl. Brooklyn, NY 11201	Beth Rosenberg T: 917-334-7880 E: beth@techkidsunlimited.org W: www.techkidsunlimited.org W: www.Facebook.com/TechKidsUnlimited or www.Twitter.com/TechKidsU	Individuals with DD, ages 8-18	Tech workshops and Saturday night social

Technology Related Programs (cont'd)

Agency	Address	Contact	Population Served	Description of Program
United Cerebral Palsy (UCP of NYC)	175 Lawrence Ave. Brooklyn, NY 11230	Technology Resource Center 718-436-7979 x 211 For Spanish and equipment donations, Mercedes Mendoza 718-436-7979 ext. 324 techworks@ucpnyc.org	Persons with all disabilities, all ages.	Information, referral + consultations on accessing assistive technology. Lending Library is available to the public as well as "Tech Works," a demonstration area where the public can "test-drive" various products.

See also Article 16 Clinics and Article 28 Clinics.

Transportation

Agency	Address	Contact	Population Served	Description of Program
Access-A-Ride	Must call for info + to apply.	T: 877-337-2017 W: www.mta.info/nyct/paratran/guide.htm	Individuals with DD who are unable to travel independently via public transportation	Vans will transport eligible individuals door-to-door anywhere in the five boroughs of New York City. Advance reservations, shared ride, some restrictions. One to two days needed for advance reservation riders. Spanish spoken in some departments. Fare is the same as full fare on public transit.
Accessible Dispatch	Call or go online to request service	T: 646-599-9999 W: www.accessibledispatch.com	Individuals who use wheelchairs	Wheelchair accessible taxi service. Pickups in Manhattan only for destinations in 5 boroughs of NYC, Westchester and Nassau counties, and NYC & Newark airports. Pickups also available from JFK and LaGuardia airports. On demand service or advance reservations 24/7. Customers pay metered fare; no extra charge for service.
Esperanza Center	516 West 181st St. New York, NY 10033	Ilenia Caceres T: 212-928-5810 x110 E: icaceres@esperanzacenter.com W: www.esperanzacenter.com	Individuals with DD + their families	Reimbursement for family transportation expenses related to the person with DD. Some restrictions apply. Spanish spoken.
Reduced Fare Program for People with Disabilities	3 Stone St. (between Broadway + Broad St.) New York, NY 10004	T: 718-330-1234, 6am-10pm or call 511 and say "MTA" then "subways + buses," then "Metrocard" W: www.mta.info/nyct/fare/rfindex.htm	Individuals, ages 65+, or who have a qualifying diagnosis	Eligible persons can receive a reduced-fare Metrocard for public transportation. AutoGate card also available (opens gate rather than turnstile). Interpreters available in all languages.

Waiver Services: The Home and Community Based Services (HCBS) Waiver

HCBS Waiver services are available to children and adults who are eligible for OPWDD services and who have Medicaid.

Adaptive Technologies

- Devices, appliances, etc. which help the individual with DD to function more independently and safely

Community Habilitation Services

- Services provided in the home and/or in the community that assist the person with DD in developing skills in activities of daily living

Day Habilitation Services

- Day services that provide a range of supervised experiences in community settings

Environmental Modifications

- Fixing the home environment to increase the independence of the individual with DD

Plan of Care Support Services (PCSS)

- Provides necessary waiver documentation for waiver enrolled persons who do not want MSC

Pre-Vocational Services

- Teaches proper job habits needed in the work setting

Respite Services

- Temporary care of a person with DD provided by a trained respite worker

Self-Directed Services

- A method of funding self-direction under the Medicaid Waiver

Supported Employment Services

- Assists individuals with finding and keeping jobs in integrated work settings

Family Education & Training

- Training to caregivers of children under the age of 18
- Family Education & Training is provided by the following agencies in Manhattan
 - Community Assistance Resources And Extended Services (CARES) Call 212-420-1970 x117
 - Mercy Drive, Inc. Call 718-275-9326
 - SKIP of NY Call 212-268-5999 (must already receive case management from SKIP of NY)

Bridges to Health Medicaid Waiver for Youth in Foster Care

The Bridges 2 Health (B2H) Home and Community-Based Waiver Program provides opportunities for improving the health and well-being of children in foster care. The purpose of B2H is to avoid, delay or prevent medical institutional care and provide enhanced services to children with disabilities. B2H services are provided to the child, family, and caregivers in the foster home or community setting.

What Services are Available?

B2H Services are tailored to meet a child's specific, presenting health care needs: they complement, services provided through other programs.

B2H offers the following 14 services:

1. Health Care Integration/Service Coordination
2. Family/Caregiver Supports and Services
3. Skill Building
4. Day Habilitation
5. Special Needs Community Advocacy and Support
6. Prevocational Services
7. Supported Employment
8. Planned Respite
9. Crisis Avoidance, Management and Training
10. Immediate Crisis Response Services
11. Intensive In-home Supports
12. Crisis Respite
13. Adaptive and Assistive Equipment
14. Accessibility Modifications

Who Is Eligible?

To be eligible to participate, a child must: Be in the custody of the Commissioner of the Administration for Children's Services (ACS) or the Office of Children and Family Services (OCFS); Be Medicaid eligible; Have a qualifying diagnosis; Be able to benefit from the service.

How Do I Apply?

Please contact the New York Administration for Children's Services (ACS) at 212-676-6406 or via email at b2hacs@acs.nyc.gov to discuss the enrollment process and eligibility criteria. Additional information can be obtained by visiting www.ocfs.state.ny.us/main/b2h